

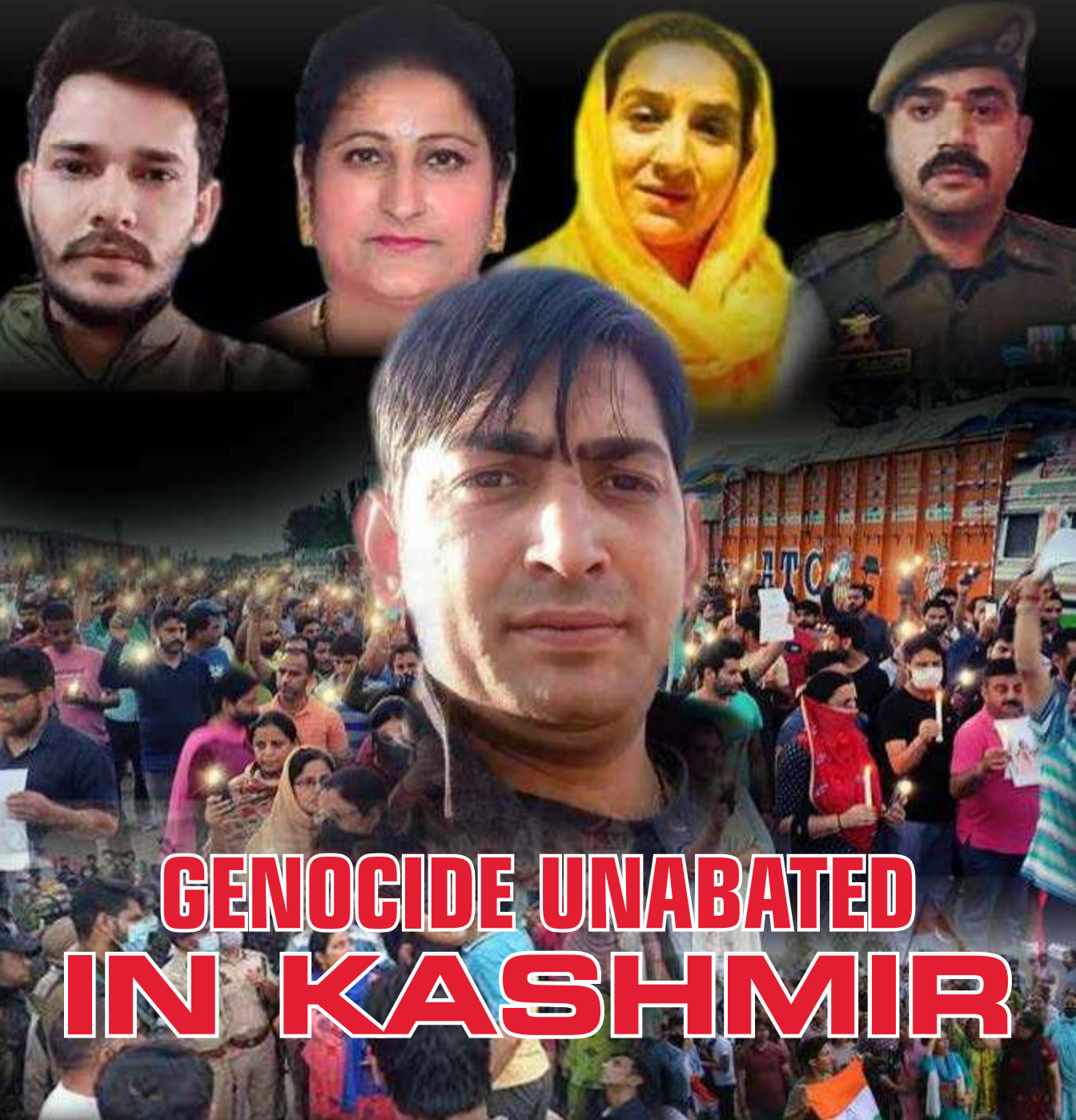
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AIKS naad

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GENOCIDE UNABATED IN KASHMIR

AIKS Meet JKVM Team



JKVM office bearers meet AIKS Team at its office in R K PURAM NEW DELHI on Sunday, 12th June 2022 to discuss about the future course of action regarding community affairs.

AIKS Executive Meet on May 28, 2022



President AIKS felicitating Mr. Romesh Pandita, Newly Elected President, KSS, Chandigarh



EDITOR-IN-CHIEF

Uma Kant Kachru

EDITORIAL BOARD

Prof. R.L. Shant

Sunil Raina Rajanaka

AIKS Secretariat, New Delhi

244, Sector - 3

R.K. Puram, New Delhi

110022

Business Manager & Circulation Feedback

Bansi Razdan

98108 68397

Data Processing

Bharti Raina Kaul

8130538867

Layout & Design

Pranav Koul

Suman Kumar

M/s Print Orbit

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Tribute to the Martyrs

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An intellectual friend wrote to me expressing his anguish and sadness on the recent happenings in Kashmir valley which seem to be now a continual recurrence. Incidentally, he has been a strong subscriber to “Kashmiriyat” and believes, it did exist and can be the best approach to bring peace in the valley. I, for one, have never understood this nomenclature nor do I believe there ever existed anything in the valley that defines it. However, this is a separate subject and not the focus of this editorial. What struck me were the ensuing lines of his note that strongly echoed the need for the community living outside to rise and start working for the brethren in Kashmir to save them from what befell the community three decades ago. This, coincidentally, was the central theme of my Editorial too. Thus, I decided to prelude these lines to my own expression on the happenings in the valley.

Since March this year, there has been a continuum in killings of the innocent brethren in the valley which is unabated till now. We have been protesting, demonstrating, fasting and doing whatever seems to shake up the dispensations in the UT and at the Center to save the hapless community from further butchering. Contemplating on all this set me thinking, “Haven’t we been doing the same thing since 1990?” By doing so, what have we consolidated for our progeny and the less-fortunate amongst us that we could feel satisfied about? The echoing reply says—**‘NOTHING’!**

I strongly believe that the moment for a new and out-of-box approach to address the problem has arrived. While our political settlement of the issue and the return of the KPs to the motherland must continue, there is a dire need to attend to the problems

overwhelming the community members on ground living in Kashmir as well as in the camps in Jammu region. This time, it is not the job of the KP organisations alone. The time has arrived for the young generation who have passed through the troubled times and are now in positions in their careers to put up a united front for creating financial and opportunistic corpus to help and guide the children of KPs living in perilous conditions. I have no doubts that this group of youngsters are very well settled today and can create an infrastructure with financial and strategic support that shall become a strong platform to shape these children into careers that will sail them into bright future. This will be the repeat of what they themselves did when they were striving to build a career for themselves during the last three decades.

This very enriched group, in collaboration with some of the KP organisations, can work out a community rehabilitation plan outside of Kashmir for the members who are stuck in the valley. It is now not an issue for us to beg the governments to find the solution. It hasn’t happened in three decades and will not happen in the next three. So, we are duty-bound to actionise the rehabilitation plan on our own and bring our brethren out of their agonies. I am of the conviction that it is a very easy possibility. All that is needed is a strong intent and will to mobilise ourselves by saying loudly, **“I was once helped by someone, it is my turn now to return it to the society!”** I call it **“THANKSGIVING”**. The future generations will not forgive us for our indifference if we don’t rise and work for it now. The time is now or never.

Namaskar!

युक्तकामरु



Kashmiri Pandits are Sitting Ducks in Kashmir

With the killing of Rahul Bhat, there is a loud and clear message for all that the ground situation is under the total control of Jehadi terrorists. Though there have been highs and lows during these 32 years but it has never ceased to exist and has only succeeded in creating and maintaining a conducive operative atmosphere to strike at a time of their choosing. They enjoy an added advantage in not to search for their targets as it is available to them in the form of a well-defined entity by the name of Kashmiri Pandits. There is an uninterrupted continuity in their anti-Kashmiri Pandit toxic campaign in an attempt to remain relevant to the cause of Islamisation of Kashmir.

There has been a total transformation of the religious landscape of Kashmir in our absence during these 32 years and it is

not the same now. The result is tragic, as slowly and gradually, Kashmiri Islam, which was a tolerant, mystical, and love-based version of the religion, that had evolved in its own way in Kashmir as an amalgam of the Islamic ideas and local Hindu belief system, has changed into a new and hardened Sharia-dependent doctrine that has left no scope for the liberal, free-thinking ideas of Kashmiris. All this is a completely new phenomenon for the people of modern-day Kashmir.

It became a fertile ground for the radicalisation of the people and that is a completely new phenomenon for the Muslim society and community of Kashmir. The young preachers and practitioners have now become. 'Warriors of Islam' and anybody seen resisting them is apostate, therefore worthy of being bullied and killed like Amreena Bhat, the actress. All these developments have taken the Valley of Kashmir down the path of religious extremism and terrorism from 1990 till date.

Among all the determinants of political factors, understanding this mindset of religious warriors is not compatible with the secular democratic temperament of Kashmir. Having sustained Jihad for more than three decades, terrorism has developed a momentum of its own now. When viewed in the right perspective, it continues to make all the attempts to alter the narrative in its favour without

acknowledging the ethnic diversity of the place called Kashmir. It faces a situation where the terrorist organizations have gone rogue and the radicalization, that characterises the present times, has led to non-Muslim minority Hindu target killings in a big way. The silent majority is incentivising these hybrid terrorists by their silence. Thus, they presume it as an acknowledgement of such acts as being part of their religious duty.

Visibility of perceptual shift in Kashmir is more glaring now than before, as the mainstream politics of Kashmir is fluctuating and its muted response is illustrative of new normal with its tacit approval. Indeed, a transformative moment. Understanding this, Kashmiri Pandits as the main religious minority of Kashmir enjoys a factorial importance in its secular construct but it has been made tougher by the ongoing divisive and aggressive attitude towards them, but to erase them completely from the socio-psychological memory of Kashmir is unlikely.

Coming straight to the latest spate of killings of the innocent employees, working in the UT under the PM package, by the terror outfits has sent shock waves across the globe. It has unnerved the entire Kashmiri Pandit community which looks up to the governments of the day at the Center and the UT for providing secure environment to the community employees for them to live with dignity and without any fear.

In the backdrop of the above, AIKS strongly demands addressing the following core concerns of the Kashmiri Pandit Community:

1. To immediately create a secure and safe area in the valley where all the KPs living there can live and work without

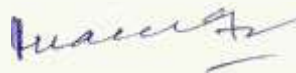
fear to their lives.

2. Recognition of the mass genocide of the community during the last 32 years and instituting a Commission of Enquiry which goes into the details of the genocide, book the perpetrators for the heinous crimes committed by them and bring them to justice with death sentence.

3. The displaced people of the community living in camps of Jagati, Purkhu, Muthi and other places in the Jammu region are receiving a paltry cash assistance which is not enough even for a hand-to-mouth living. We appeal to your good offices to provide hike in the Monthly Cash Assistance to these members of the community living in these camps that is commensurate with the Cost-of-Living parameters prevalent today. They also deserve a decent living.

4. There is a section of the Kashmiri Pandit community that continued to live in the valley after January 1990. They have borne a major brunt of constant threat to their lives, humiliation and lack of educational and job opportunities in the Union Territory. There is a need to draw up a serious and concerted plan for Confidence Building Measures (CBM) of this miniscule brother community of ours living in the valley.

We request the Home Ministry to set up a Kashmiri Pandit Consultative body, which has the majority representation from the community, that will look into every aspect of the grievances, their immediate redressal and a sound plan for the return and rehabilitation of the displaced community with dignity and honour in secure conditions





- Puran Patwari



General Secretary's Column

The month of May has been very high on organizational activity. It was particularly action driven because of fast developing ugly situation in the valley in the wake of incidents of target killings involving our PM Package employees, residual Kashmiri Pandits and non-Kashmiri Hindus working there. AIKS immediately swung into action to reach out to the establishment through media and other available sources so that our boys and girls are safe and no further harms came to them. It was also time to reach out to like-minded organizations to formulate a strategy to build a pressure on the state and central government for redressal of the security concerns of our PM Package employees.

All KP Party Meet at KECSS Pamposh Enclave on 15th May 2022: In wake of a spate of targeted killings in Kashmir, AIKS held an all KP party meet at JN Koul Memorial room Pamposh Enclave GK-1 to evolve a concerted action plan to deal with the crisis situation caused because of such killings. The meet was attended by the representatives from all the prominent KP organisations of Delhi NCR. The meeting discussed, thread bear, the entire situation and demanded that these PM package employees be provided with the security to meet the challenges because of insecurity and threat perception and they be relocated to safer places till the time situation returns to normalcy. AIKS was authorised to take the appropriate steps in the matter.

AIKS Executive Committee Meet: Much awaited Executive Committee meeting was held on May 28th at YMCA Meeting Hall in Connaught Place (Full Report elsewhere). The meeting was attended by large number of representatives from Affiliate bodies like Ambala, Chandigarh, Jabalpur, Bahadurgarh, Faridabad etc, and apart from conducting business as per the agenda like approving minutes of its previous meeting, financial report of previous and current financial year, Patron and Life membership of those who have applied for that, also unanimously approved formation of Constitution Review Committee. Executive Committee unanimously accepted the resignation of Peer & CO, the auditor of AIKS and at the same time unanimously approved the appointment of M/s Parminder Kaur & Associates as the auditor of AIKS for the accounting year 2021-22.

Vijay Aima appointed Chairman of AIKS Constitution Review Committee: The AIKS Executive Committee comprising its Affiliate bodies and office bearers unanimously approved formation of AIKS Constitution Review Committee and appointment of Shri Vijay Aima as its Chairman. It also approved the appointment of Padamshri (Prof) Sudhir Sopory and Padamshri (Prof) Ramesh Bamezai as members of the Review Committee. Formation of the Constitution Review Committee had been the long

standing demand of members.

Romesh Pandita is VP AIKS: Newly elected President of Kashmiri Sahayak Sabha, Chandigarh (KSS) Shri Romesh Pandita, has been appointed Vice President of AIKS. The very dynamic and youthful community leader was also felicitated at the meeting by President AIKS and all its Executive Committee members. He was also made In-Charge AIKS Youth Affairs. AIKS hopes that under Romesh Pandita's leadership, the group will be strengthened in the organizational and community affairs.

Hunger strike at Jantar Mantar: The recent unfortunate killing of Martyr Rahul Bhat and Rajni Bala and Vijay Kumar in Kashmir necessitated a community reaction, and a strong one at that. On June 4, AIKS along with JKVM sat on hunger strike dharna at Capital's iconic dharna sthal, Jantar Mantar. The period of hunger strike was from 10 am to 5 PM. The dharna was held to register community protest at the lax security situation for our community youth working under PM Package Employment scheme in the valley who are becoming sitting ducks for the mad skull jihadi terrorists in Kashmir. It was also to express larger community solidarity with our brethren in the valley who find themselves in head-on collision with the administration over their security and safety issues. The event attracted a huge media attention and coverage.

KP Gurgaon Civil Society Interaction with AIKS President: The KP civil society of Gurgaon held an interactive session with AIKS President Dr Ramesh Raina on June 5 at Florence Club, Sector-57 Gurgaon. The meeting was attended by eminent community stalwarts, illustrious speakers and young members of community living in Gurgaon. The agenda of the meeting was to discuss the security lapses which led to several targeted killings

recently in Kashmir Valley, role of KP organisations for building collective consciousness and finally a consensus was built to support AIKS as an apex KP organisation to demonstrate protest over the pressing issue for providing security by the government to PM Package employees in Kashmir, along with its close affiliates across India and overseas.

We express our gratitude to Sh. Vijay Aima and Sh. Rohit Dhar for organising this important and overdue meeting in Gurgaon.

AIKS Kathbaath :- Kathbaath is organised by AIKS with its affiliate members under the programme "Affiliate Connect programme". The programme is hosted by Dr. Manorama Bakshi, V.P AIKS and Sh. Vinod Pandita, Jt. Secretary, AIKS, wherein the working of the particular affiliate is discussed visa vis their expectations from AIKS. Main purpose of organising these Kathbaaths remain to be the affiliate connect and creating an atmosphere where AIKS can continue working together with its affiliates in unison.

During the month of May 2022, AIKS organised Kathbaath with the following:-

1. Dr. Romesh Raina, President AIKS on 8th May 2022 wherein he threw light on the Delimitation Commission recommendations and the role played by him in this context.
2. Sh. Suneel Koul, President , Kashmir Sabha Kolkata on 22nd May 2022,
3. Mrs. Krishna Bhan, President, IEKF, U.K on 5th June 2022

AIKS is committed to hold these Kathbaaths in future also to remain connected with its affiliates.

Meet Our Bright Stars Programme: AIKS proposes to start **Meet Our Bright Stars Programme** from the current year to felicitate and honour our Community students who achieve academic excellence in the 10th and 12th CBSE examinations.





- Puran Patwari



Report on Executive Committee Meeting held on 28th May 2022

Buoyed by its two back to back successful Affiliate connect programmes in the form of Chandigarh and Kolkata Conclaves, it was time to play a host and convene much awaited Executive Committee meeting. On May 28 AIKS held its Executive Committee meeting which saw executive members and member affiliates descending on Delhi at YMCA's Meeting Hall. The meeting which was held as per the agenda was chaired by its President Dr Ramesh Raina and conducted by General Secretary Shri Puran Patwari and attended by a large number of AIKS Executive Committee members from various parts of India. In attendance were S/Shri A.K Wattal, VP -AIKS and Rajinder Kaw GS of Ambala Sabha, Romesh Pandita President of Chandigarh Sahayk Sabha, Ashok Labroo from Jodhpur, Ravi Bhat President Bahadurgarh Sabha, and others. Apart from its President and General Secretary AIKS was represented by its senior vice Presidents Shri M.L Malla, Padamshri Prof Sopory, VPs Sh S. K. Bhan , Ms Alka Lahori, Dr Manorama Bakshi, Joint Secretary Sh. Vinod K Pandita and Treasurer Shri Sunil Koul. Former President Shri Vijay Aima also attended the meeting as a special invitee.

The meeting began with two minutes silence for those who attained martyrdom during recent spate of killings in the valley like Rahul Bhat, Rajni Bala and Vijay Kumar and all security and police personnel. It was followed by the welcome address of President Dr Ramesh Raina who dwelt on the theme of AIKS activity report in past six months. He said, though the bygone months, since he took over the charge of the apex body, have been tough because of Covid pandemic and routine teething problems, nonetheless on activity front AIKS did not lag behind in its programmes and Affiliate connect. He referred to the success of **AIKS Chandigarh Conclave** hosted by KSS Chandigarh where it turned out a North India connect, and the recent massive Kolkatta Conclave which attracted delegates in big numbers from the adjoining area.

He said the event organized by the President of Kolkata KP Sabha, Shri Sunil Koul was a grand show with respect to the content and message--the interaction with the civil society and Bengali intelligentsia not to speak of Press conference at iconic Kolkata Press Club which attracted press reporters in large numbers. President reiterated that

his focus will greatly remain on Affiliate Connect, Kashmir connect and Establishment connect and greater visibility. He said he always remains in touch with activists working on ground in the valley, Jammu and Delhi NCR, and in constant touch with establishment, constantly following the issues of importance and seeking appointments. President, Dr Raina also applauded the services provided to AIKS by Ms. Bharti Kaul and Sh. Roshan. They were felicitated in the meeting.

Shri ML Malla also spoke at greater length about the welfare of PM Package employees and their security concerns in Kashmir. In his presentation Shri A K Wattal also made some suggestions for the betterment of the apex body. Shri Ashok Labroo of Jodhpur also spoke on the event and also Ravi Bhat of Bahadurgarh wanted AIKS to help KP youth in getting suitable jobs.

Important highlight of the Executive Committee meeting was the approval of minutes of the previous Executive Committee meeting held on September 26, 2021 and the General Secretary's report on the activities of AIKS, formation of Constitution Review Committee by an overwhelming and unanimous vote, The Meeting decided that former President of AIKS Shri Vijay Aima would Chair the Constitution Review Committee and Padamshri Prof Sudhir Sopory and Padamshri Prof Ramesh Bamezai would be two Committee members to help him in the task.

Another important business executed was the appointment of newly elected President of Chandigarh Sahayak Sabha (KSS) Shri Romesh Pandita as Vice President of AIKS. He was also made In-charge Youth Affairs.

The meeting also approved the audited Balance Sheet and Accounts statement for the financial year 2020-2021 and unaudited financial statement of the year 2021-2022.

Executive Committee also approved the following new life members and patrons of AIKS:

PATRON MEMBERS:- Sh. Saroj Kumar Lahori, Smt. Rachna Lahori Challu, Sh. Vijay Kumar Ganjoo, Smt. Prem Lata Koul, Smt. Shweta Kachroo, Sh. Vijay Kachroo, Dr. A K Pandita, Sh. Ashutosh Taploo, Sh. Rajesh Pandita, Sh. Ashok Kumar Ganjoo, Prof. Rameshwar N K Bamezai, Prof. Gita Bamezai, Sh. Nagendra N Tikku Sh. Ramesh Peer and Ms. Reeta Kaul.

LIFE MEMBERS:- Sh. Kiran Kumar Chaku, Sh. Uma Kant Kachru, Smt. Sushma Patwari, Sh. Lalit Lahori and Smt. Alka Lahori.

Executive Committee unanimously accepted the resignation of Peer & CO, the auditor of AIKS and at the same time unanimously approved the appointment of M/s Parminder Kaur & Associates as the auditor of AIKS for the accounting year 2021-22.

While appreciating the performance of AIKS, the members of the executive committee were of the view that AIKS must play and be seen as playing a proactive role in community affairs and were suggestive of an action plan for the coming days. This was necessitated because the situation in Kashmir is turning hostile day by day towards our boys and girls working there. AIKS, therefore, must make itself more visible and take up the issue of their security with the powers that be. The President along with the other members of consultative group assured the Executive Council of their commitment to the cause.



- Puran Patwari



Executive Committee Meeting on 28th May 2022

General Secretary's Report

It is my proud privilege to present the General Secretary's report before the distinguished members of the AIKS Executive Committee. I express my gratitude to the team AIKS under the dynamic leadership of our beloved President, Dr. Ramesh Raina for giving me an opportunity to be an important part of his team. As is known to everybody that this team took over the reins of AIKS when life had come to a grinding halt during Covid times and was faced with many unforeseen challenges. Consequently, to meet the challenges the team AIKS ably led by the President Dr. Ramesh Raina rose to the occasion and started working out a roadmap more responsive to the needs and demands of the community, the whole organizational structure had to be rebuilt to reclaim its lost space and it here for everyone to see that in this short span of eight months AIKS has considerably regained its lost ground.

The brief details of the activities during this period are as under:

Balidan Divas on September 14: To commemorate the day Jammu & Kashmir Vichar Manch (JKVM) in collaboration with All India Kashmiri Samaj organized Balidan Divas at B.K. Ganjoo Park (Kali Badi Marg New Delhi) which saw good participation of community members despite Covid restrictions. In the press communiqué issued

thereafter, President Dr. Ramesh Raina reiterated AIKS commitment towards striving and seeking for better living conditions of the under privileged members of the displaced community.

Consultative Group Meeting: To meet the community challenges AIKS policy consultative group hold weekly meetings on every Saturday at its R. K. Puram Head Quarter wherein all the inputs regarding community issues provided by the members are discussed and a follow up action plan is formulated thereafter.

First AIKS Executive Committee Meeting: The first Executive Committee meeting of AIKS was held on 26 September 2021. The meeting was hosted by Kashmiri Sewak Samaj Faridabad at Sharika Bhawan, Faridabad. The meeting was presided over by the President Dr. Ramesh Raina and attended by the executive members and special invitees like S/Shri/Smt M. L. Malla, Dr. Sudhir Sopory, Tej K Tikoo, M. K. Pajan, Vijay Kashkari, Alka Lahori, Manorama Bakshi, Puran Patwari, Uma Kant Kachroo, R. K. Bhan, Rohit Dhar, Vijay Kachroo, Sanjay Raina, Rajender Magazine, Kuldeep Kaul, M. K. Machama, Dr. S. K. Handoo, Roop Krishan Kher, O. N. Patwari, Amal Magazine, I. K. Killam, Sanjay Kaul, Sanjay Sapru, Bhawna Misri, Ashok Zutshi, Bansri Razdan, Anil Dhar, T.

K. Patwari, Anil Kaul, Bharti Kaul, Ravi Bhat, Subhash Premi, D. N. Pandita and many representatives of affiliates like Shri Ashok Labroo President from Jodhpur Association, Mr P.N. Ambardar and Mrs Nancy Ganjoo from Chandigarh, and representatives from Ambala, Gurgaon, Noida, Faridabad. The affiliates from Kolkata, Mumbai, Gujarat, USA etc. participated virtually.

Monthly Relief Assistance: Consequent to the crisis like situation created in Jammu by the non-disbursal of the relief to the large number of relief holders, AIKS reached out directly with the administration and Relief Commissioner who assured that the needful would be done in this regard. To maintain the pressure on the administration, On 18 September 2021, AIKS brought the issue before Media wherein it urged the state government and Relief Commissioner Jammu for early release of monthly assistance to displaced Kashmiri Pandit reliefholders.

AIKS Demands Enquiry In the aftermath of killing of a young Kashmiri Pandit Police personnel Sh. Ajay Kumar Dhar at Handwara Kashmir, AIKS demanded an inquiry into the killing of Ajay Kumar Dhar through Media campaign on 23 September 2021

Virtual Meet with Affiliates: In view of continuous killings of the members of the minority community in Kashmir and to decide the future course of action and plans, AIKS organized virtual meeting with its affiliates in India and abroad on 3rd October 2021 and 10th October 2021, wherein all the prominent members of AIKS affiliate organizations participated.

An All-Party Meet: An All-party meeting of prominent KP organizations in NCR was organized at AIKS Hqrs On 6 October 2021, wherein many KP leaders/ activists like S/Shri M. L. Malla, Dr. Sudhir Sopory, Uttpal Kaul, Kamal Hak, Daleep Mattoo,

Bansi Razdan, Alka Lahori, Manorama Bakshi, Vijay Kashkari etc. participated and discussed the situation and way forward in view of the barbaric killing of Sh. M.L. Bindroo in Kashmir.

All Party Protest Demonstration: AIKS actively participated in an all KP party protest demonstration at Jantar Mantar on Saturday, 9 October 2021 against the killing of a KP Chemist at Hari Singh High Street in Srinagar Kashmir. It condemned the barbaric killing and demanded action rapid against the militants and terrorists involved in his killing and a Bihari vendor and two teachers belonging to minority community in broad day light.

MEMORANDUM TO President of India: In a memorandum submitted to the Honorable President of India, AIKS brought to his notice the fresh wave of KP killings in the Valley wherein apart from target killing of people belonging to Hindu faith, terrorists have again resorted to burning and desecrating our Shrines and Temples.

Meeting with BJP leaders: - A delegation led by its President Dr. Ramesh Raina and accompanied by S/Sh. Sudhir Sopory, Dalip Koul, Vijay Kashkari and Puran Patwari called on Sh. Devender Singh Rana and Sh. S. S. Slathia on October 14, 2021. Dr. Ramesh Raina and the team felicitated them by presenting a Shawl and a Bouquet on their joining the BJP. The opportunity was also used to apprise Sh. Rana and Sh. Slathia about the issues confronting the displaced KP community and the sense of insecurity caused by the recent spate of minority killings in the Kashmir Valley.

J. N.Koul Memorial Lecture: - All India Kashmiri Samaj was honored to hold its first J. N. Koul Memorial Lecture on October 17, Sunday at Kashyap Rishi Bhawan, Sector-34, Noida, in memory of late Padma Shri J. N. Kaul, former President of AIKS and a leading light of the displaced KP community. He played an important role in providing

succor to the beleaguered community in early years of its displacement. The JN Koul Memorial lecture was delivered by Shri H.N.Jattu, a former senior vice President of AIKS, who had been a comrade in arms of Late Padma Shri Koul in social service. A special issue of Naad was also released and a documentary on Padma Shri Koul produced by Vyeth Productions was also released on the occasion.

AIKS held broad based meeting on anti-minority wave IN KASHMIR: All India Kashmiri Samaj (AIKS) held a broad based and extensive meetings on the prevailing anti-minority wave in Kashmir on Sunday, 24 October 2021 titled Kashmiri Pandits – Way forward in the wake of minority killings in Kashmir in Constitution Club New Delhi. The meeting was presided over by its President Dr. Ramesh Raina. Dr Archana Kokroo, President KOA was the Chief Guest on the occasion and Lt. Gen Atta Hasnain, S/Shri Aman Sinha, Ashok Bhan, Daleep Mattoo of JKVM and Utpal Koul of GKPD were Guests of Honour.

The proceedings began with the felicitation of KOA President Dr Archana Kokroo by the AIKS President Dr. Ramesh Raina, M. L. Malla and Prof Sudhir Sopory by presenting her a traditional stole and a flower bouquet. It was her maiden visit to India after taking over as President of prestigious overseas organization, the KOA.

Jammu Connect: -During the month of December 2021, most part of the month, AIKS President, Dr Ramesh Raina was in Jammu, the Karam Bhumi of the community in exile where he held wide ranging meetings with community organizational heads and their teams like Shri KK Khosa of KP Sabha, Amphalla; Amar Balidan Trust at its office at Buta Nagar; Prem Nath Bhat Memorial Trust and Shri Kashmiri Lal Bhat, Coordinator for AIKS CWP (J&K High Court). He also held many rounds of meetings with AIKS team S/Shri AK Raina (VP), Aryan Ramesh

(Secretary AIKS) and Ms Anuja Khushu (Secretary AIKS Women's wing) to discuss ways and means on how to make community outreach programmes in Jammu. He also brought to the notice of the leaders of the Jammu based organizations about the threat perception and insecurity amongst the residual KP's in Kashmir and PM package employees there.

AIKS Inducts Mr Vinod K Pandita: - Well-known community activist **Mr Vinod K Pandita** was appointed as AIKS Joint Secretary, Media and Communication. An entrepreneur, Mr Pandita is an excellent communicator and a motivational speaker. With his expertise in the field of media and communication, Mr Pandita is expected to add more value to the organization.

Naad Meeting: - A meeting of the Editorial Consultative group of NAAD was held on November 29, 2021 at AIKS Headquarters in RK Puram. It was presided over by the President, Dr Ramesh Raina and attended by its Editor in-Chief Shri Uma Kant Kachru, Printer & Publisher, Ms. Alka Lahori and Ms Bharti Kaul. The meeting focused on adding new features in NAAD to make the community journal more consistent with the present-day needs and realities of the community. It was also decided to add new features like stories based on community activities from various parts of India, Jammu and Kashmir valley.

Shakti Nagar Project: It was felt that Shakti Nagar project has been lying in dormancy for a long time and there was an urgent need for having a vibrant and functional Joint Management Committee (JMC). It was decided that Sh. **R. K. Bhan** shall be the representative from AIKS in Joint Management Committee of AIKS and Koshur Samchar.

Webinars and Meetings: AIKS will be holding a number of Webinars and meetings to bridge the gap and build a

consensus among all segments of people and will try to bring others on board for the process of return and rehabilitation.

Meeting with Directors of Global Kashmiri Pandit Business Foundation (GKPBF): - On December 7, AIKS President Dr Raina held a meeting with the Directors of Global Kashmiri Pandit Business Foundation at AIKS HQs in R.K Puram. It is a non-profit organization with registered office at Noida, GKPBF was instituted in 2020 by a group of internationally acclaimed professionals, business consultants and mentors. AIKS president interacted with its CEO and Director Sh. Ravinder Kachroo, Shri Vinod K Pandita and Secretary Shri Bansri Razdan in person and Director Shri Ashutosh Raina over a zoom call from Brisbane. Shri Jitender Kaw of KMECT also joined on Zoom call.

The meeting discussed following points: -

1. AIKS will promote entrepreneurship led by GKPBF as an outreach programme to help and support KPs becoming job creators than seekers with focus on building start-ups and micro entrepreneurs.
2. GKPBF offered its affiliation with AIKS to have a better understanding and a long terms relationship with it.
3. AIKS will extend its support, wherever possible, to GKPBF to participate in all affiliate conclaves and events and promote workshops on entrepreneurship led by any of its available directors to arm youth with professional and business skills.
4. AIKS mouthpiece NAAD will cover success stories of KP entrepreneurs as a special monthly feature under the caption 'Entrepreneur's Corner'.

AIKS Submission at the UN: A new beginning heralding a new high point for AIKS was achieved when President Dr Ramesh Raina made a presentation before the UN Special Rapporteur on Freedom of Religions or Beliefs (FoRB) Conflict

Specific Consultation— Kashmir. AIKS president Dr Ramesh Raina was invited to make a presentation on the plight of Kashmiri Pandits, a minority religious group in the conflict situation in Kashmir by the UN Special Rapporteur on freedom of religions or belief's (FoRB) Conflict Specific Consultation—Kashmir on 29 December, 2021. He made his presentation through virtual mode before the Rapporteur.

Publication of E-NAAD: - In view of the fast-spreading Covid virus infection and resultant depleting human resource and manpower needed to carry out packaging and postal jobs to ensure uninterrupted publication of community magazine and AIKS mouthpiece Naad, it was decided to publish and deliver it to its readers in e-version form, in addition to a mandatory reduced number of hard copies.

Postal Concession:- Postal concession for Naad has been extended under Postal Act. The concession expired in December '21.

International Acclaim for Naad: Due to the persistent efforts of AIKS President Dr Ramesh Raina to increase its reach and influence, Naad has found its way to international libraries of repute as research and resource materials for scholars and academicians interested in Kashmir and its politics.

Creation of AIKS Social Services Wing:

The fast spreading third wave of Covid virus bringing back the ugly images of deadliest second wave which brought in its wake large scale of deaths and devastation, there was unanimity of view among AIKS Policy consultative group that AIKS should have a team ready for providing succor to the needy and community at large. So, Pt Rohit Dhar, Vice president was entrusted with the responsibility of being at the vanguard of AIKS social service-related activities.

Zoom meeting with KP organization of Europe: International Vice president AIKS

Mrs Krishana Bhan organized a Zoom meeting with all the KP organizations of the Europe on 03 January 2022 in order to showcase to them the AIKS and its aims and objectives and also apprise them about the role apex organization has been playing with respect to community affairs by taking up their socio/cultural and survival issues with the governments of the day. In this regard Shri Vinod K Pandita, Joint Secretary AIKS Media and Communication made a powerpoint presentation before the participants which conveyed the total ethos of the umbrella organization and its policies and programmes. The presentation was much appreciated and applauded by all the participating members of the organizations who assured that they would definitely support the AIKS and its core programmes. It was decided to cement the relationship further with follow up meetings from time to time. Core team of AIKS had an engaging and productive meeting with the European affiliate organization and it was decided to have regular meetings to evolve a constructive engagement programme with them.

AIKS Policy Consultative Group meeting: AIKS PCG meeting was held on January 18 through virtual mode and was attended by its members—Prof Sudhir Sopory, Rohit Dhar, S K Bhan, Vijay Kashkari, Manorama Bakshi, Puran Patwari, Vinod Pandita and Uma Kant Kachru. The meeting reposed its faith and confidence in present Board of Trustees (BoT) of AIKS Trust headed by Shri Vijay Aima. President Dr Raina apprised the members about the correct position of the relationship between AIKS and the Trust.

Hindu Dimension of Kashmir –The paper on Hindu Dimension of Kashmir was read by Dr Raina, President AIKS, on 22nd January, 2022 on Kashmir Cultural Heritage 23rd Awareness Series organized by Shri Kanchi Kamakoti Peetam Srimatam Samsthanam in

association with Madhyama Dharma Samajam & Kanchi Kamakoti Seva Foundation, Inc, USA. The talk was highly appreciated by the audience and Dr Raina answered questions from the participants.

'Holocaust Day' conclave on January 23, 2022: - President Dr Ramesh Raina released AIKS 'Vision Document' which highlights the core concerns of the beleaguered community. Apart from star galaxy of community like Dr Archana Kokroo of KOA, Mrs Krishna Bhan of IEAKF, eminent SC lawyer Shri Ashok Bhan the conclave was also attended by BJP Rajya Sabha MP Shri Tarun Vijay. The Document was received very well by the panel and during the live conversation.

Mrs Krishna Bhan, Overseas Vice President of AIKS, and Mr Rajnish Kashyap, of Hindu Council of UK, handed over the AIKS Vision Document to Indian High Commission in London. Media publicity in almost all leading English dailies of Union Territory of J&K was noticed about the AIKS vision document.

Republic Day Celebration: On the occasion of the 73 Republic Day AIKS held a Zoom meeting with its Indian and overseas affiliates to celebrate the day and the session got an overwhelming response from KPs living overseas. The meeting was also used as a follow up review of AIKS Policy Vision Document, and President Dr Raina deliberated the paper with all affiliate organizations and his core consultative members.

Education Assistance Programmes: - On February 5, 2022 AIKS held a Zoom meeting with KP organizations of Europe and discussed Education Assistance programmes to support underprivileged KP children. The meeting was attended by AIKS president Dr Ramesh Raina, VP Mr Rohit Dhar, and Jt Secretary Mr Vinod K Pandita from AIKS side and Mrs Krishna Bhan, president IEKF, Mr Sanjay Peshin

and Mr Ashutosh Bakshi from KP Association of Europe. Dr Raina emphasized that students must be selected on the basis of their academic achievements and restart 'Meet our Bright Stars' event every year after results of 10th and 12th classes are announced.

Language Day: AIKS celebrated International Mother Tongue Day (IMTD) on Monday, 21st February 2022 under the aegis of "Centre for Kashmiri Language, Literature & Culture" (CKLLC) of AIKS. The programme was graced by following eminent speakers and Kashmiri language experts--Dr. Ramesh Raina, AIKS President, Prof. R.L Shant, Sh. T.N Dhar (Kundan), Dr. Roop Krishen Bhat, Mrs. Sunita Raina Pandita, Dr. Gauri Shankar Raina, Sh. Arvind Shah, Sh. S.K Bhan and Ms Upasana Pandita Due to the third wave of pandemic, AIKS's flagship programme could not be held physically for the second consecutive year. So it was held on virtual platform and organized and conducted by veteran Linguist, short story and poetry writer Shri Roop Krishen Bhat and noticed the writers especially poets regaling the audiences with their compositions.

AIKS Foundation Day Celebrations: - AIKS Foundation Day was celebrated at Kashmiri Sahayak Sabha Chandigarh on March 6, 2022, ahead of two days (March 8 is the actual day) because of a weekend. The day was celebrated with all pomp and show that it deserved. A large number of delegates for Northern India affiliates came, saw and raised a toast to the apex body for all the exemplary work done for the community. The Chandigarh declaration endorsed AIKS vision document.

Dr. Anil Vaishnavi Appointed as Vice President AIKS: Pursuant to the election of Dr Anil Vaishnavi as President KKS Gurgoan, AIKS core Consultative Group on March 9, 2022 appointed Dr Anil

Vaishnavi as Vice President of AIKS who is a Doctor by profession and a social activist.

Publication of NAAD and Vaakh: - The meticulous and continuous support provided by Sh. Uma Kant Kachroo, Ms. Alka Lahori Handoo, Sh. Roop Krishan Bhat and Ms. Bharti Kaul in publication of quality monthly Magazine NAAD and quarterly Magazine Vaakh is highly appreciable.

Protest at Jantar Mantar: Global Kashmiri Pandit Diaspora (GKPD) supported by All India Kashmiri Samaj (AIKS) held a protest demonstration at New Delhi's Jantar Mantar on 12 March. The march was aimed at highlighting and bringing to the attention of the powers that be the miseries of the exiled community. Speaking on the occasion AIKS president apprised the audience the role played by KPs to prevent the Islamisation of Kashmir.

The Release of The Kashmir Files: - AIKS office became hub of Media activity as all the prominent media channels descended on it for taking interviews of the President and the office bearers. AIKS viewpoint through these media portals came in for much appreciation.

Bright Stars: It was decided that AIKS will revive the 'Meet Our Bright Stars' programme an annual event where young academic achievers are given citation and awards. Shri Bansri Razdan, Secretary, volunteered to be its coordinator as he has been involved in conducting this programme since its inception.

Community Meet: - AIKS (All India Kashmiri Samaj) the apex organization of the exiled community held a Community meet on 27th March at YMCA Hostel to debate the issue threadbare and evolve a collective community response to the situation and demand a punitive action against the culprits and perpetrators of the crimes against humanity.

The meeting which was presided over

by AIKS president Dr. Ramesh Raina was attended by a large number of community leaders, thinkers and members from all walks of life from all over India and Delhi NCR; called in unison for the Reversal of Genocide and punishment under genocide and Crimes against Humanity laws as an initial step towards meaningful CBMs and way forward for the Restitution, Return and Rehabilitation of the exiled community back to Valley.

Civil Writ Petition: The brief history of AIKS CWP is that the same was filled in the Supreme Court of India in 2006 and former Finance Minister late Arun Jaitley had appeared on behalf of AIKS and that is how the petition was admitted by the Honourable Supreme Court of India and thereafter in 2016, the case was transferred to J&K High Court. Because of Covid it remained in dormancy for almost 2 years. After this much of gap and active follow up of the Community Lawyers and AIKS Jammu team, the Civil Writ Petition came up for hearing on 7 April and the judge said he will fix next date very soon. The battery of senior lawyers like Advocate P.N Raina, Advocate P.N Goja and Advocate Kashmiri Lal Bhat, representing AIKS in the case had pleaded with the honourable Justice to fix up the date for final verdict as the case had been hanging fire for more than a decade now. The CWP was filed by AIKS under the stewardship of Shri M K Kaw in SC and seeks myriad relief to beleaguered community with respect to return and rehabilitation including IDP status. The case, however, was transferred to J&K High Court during UPA regime.

Nominations: - Sh. Jatinder Kaw, a well-known community activist was nominated as Vice President of AIKS with effect from 12th February 2022 and in the policy consultative meetings held on Saturday, 16th April 2022, AIKS nominated Padma Shri Rameshwar Bamzai, a great scholar, and a learned community activist as a special

invitee to the Policy Consultative Group.

Meeting on April 24, 2022: - AIKS think tank had brain storming session ahead of the Prime Minister Narendra Modi's visit to Jammu and Kashmir. It deliberated on the issues of future J&K elections, delimitation commission and surge in attacks post "The Kashmir Files". The continued assault and threat letters to residual Kashmiri Pandits in the Valley was seriously discussed for its follow-up with the concerned authorities. The private members bill tabled in Rajya Sabha by Sh. Tankha of Congress party was also discussed.

Kathbath with Dr. Ramesh Raina through Video Conferencing a curtain raiser Kathbath was held with the President Dr. Ramesh Raina prior to hold a two days conclave at Kolkata. The programme was moderated by Dr. Manorama Bakshi and Sh. Vinod Pandita.

AIKS Conclave at Kolkata.

During a two-day, conclave, the actual working session was held on April 30, 2022, which constituted an interaction with the executive members of the Sabha in the morning session that was dominated by presentation about the relationship between AIKS and its affiliate organizations, role of AIKS in Community affairs and future awareness programmes to be undertaken by us. Sh. Suneel Kumar Koul the President KP Sabha Kolkata was felicitated by AIKS. It was quickly followed by a Press conference at Press club Kolkata in the afternoon session. It was first of its kind when any KP organisation was interacting with the local Bengali Press, both from print and visual media in large numbers which covered the entire event. The most important and significant part of the programme was an evening Civil Society meet attended by the movers and shakers of Bengal Politics. Delegates cutting across party lines and from all walks of life were

seen thronging the venue which was full to the capacity and even some dignitaries were seen standing till the end. The most notable participants included Shri Dinesh Trivedi (Former Railway Minister and former M P Rajya Sabha), Ms. Shatorupa (National Spokesperson BJP), Trinamool Politicians, B B C Correspondent, Academicians, Think Tank representatives, Research Scholars, Students and Journalists. The programme was ably conducted by Professor (Retd) Surendra Munshi of IIM Kolkata fame. The meet evoked a positive response from the Bengal intelligentsia and concluded on a highly satisfactory note. The next day the full session was devoted to an interaction with members of KP community living in Kolkata. Members from distant areas had come to attend the meet and it was an extremely refreshing experience for all of us. While concluding Dr. Ramesh Raina, President reiterated that this conclave has infused a new energy in team AIKS and he thanked all his team members Padma Shri Sudhir Sopory, Sh M.L Malla and Sh. Rajinder Ganhar (Secy. K S Dehradun) for accompanying to Kolkata and becoming important partners in adding a new chapter to the community activism.

Zoom Meeting on the Report of Grievance Commission

Consequent to the report submitted by the Delimitation Commission, Dr. Ramesh Raina explained all the details pertaining to the report as also the role played by him and his team in convincing the commission about the need for the political representation of the beleaguered KP Community.

Kathbath with Sh. Suneel Kumar Kaul through Video Conferencing was held with the President KP Sabha Kolkata on Sunday, 22nd May 2022. The programme was moderated by Dr. Manorama Bakshi and Sh. Vinod K Pandita.



Other News:

In order to meet the day-to-day expenses of running the organization, AIKS Consultative group decided that every Executive Committee shall donate at least rupees 2000/ to AIKS and most of the members have already deposited it. Some of the gracious members deposited the amount for the full year in advance.

AIKS Vice President, Sh. A. K. Raina lost his mother and another Vice President, Dr. Manorama Bakshi lost her father during this period. AIKS expressed its deep sense of sorrow to the bereaved families.

FSP (Family support Programme) with KOA wherein the financial assistance is provided to the needy regularly.

Membership Drive

During this period, the following members applied for Patron and Life membership of AIKS: - (list Below). We may approve their application and add in the list of Patrons and the life members accordingly.

ATRON MEMBERS:- Sh. Saroj Kumar Lahori, Smt. Rachna Lahori Challu, Sh. Vijay Kumar Ganjoo, Smt. Prem Lata Koul, Smt. Shweta Kachroo, Sh. Vijay Kachroo, Dr. A K Pandita, Sh. Ashutosh Taploo, Sh. Rajesh Pandita, Sh. Ashok Kumar Ganjoo, Prof. Rameshwar N K Bamezai, Prof. Gita Bamezai, Sh. Nagendra N Tikku, Sh. Ramesh Peer and Ms. Reeta Kaul.

LIFE MEMBERS:- Sh. Kiran Kumar Chaku, Sh. Uma Kant Kachru, Smt. Sushma Patwari, Sh. Lalit Lahori and Smt. Alka Lahori.



- Vijay Kashkari



ILL CONCEIVED PM PACKAGE

The entire PM package of 2008 was ill-conceived and poorly commanded. The reason for its failure is the bureaucratic imbroglio. The bureaucracy between 2008 and 2022 has created a confusing and complicated situation for the employees appointed under the PM package. If the PM package had been well thought about by the people in the governance, keeping the political and security situation of Kashmir into consideration, there was a lesser chance of target killings of the employees.

It is pertinent to mention here that the mass exodus of 1989-90 was of such a magnitude that the community of displaced Kashmiri Pandits, in the majority, was pushed to an uncertainty. Religious terrorism's extent and upturn forced the people of Kashmir, believing in the idea of India, to seek refuge in the other parts of India. The majority took shelter in Jammu, next to Delhi, and about 2500 families in the rest of the Country. The ethnically cleansed population of the Valley had a miserable life in the refugee camps and rented accommodations. Three generations were living in perforated tents of five feet in height. The miseries didn't halt there to living in inhuman conditions and a polluted environment. The community sections, viz employees, traders, agriculturists, and students, faced a critical economic shortage. It

can be called the worst human tragedy of the 20th century.

In 1990 the displaced employees numbering about 12000 (Government employees), code-named migrant employees, faced the worst type of bureaucracy. The insensitive governance issued Eighty-three orders- some harsh and irrelevant for their sustenance. The authority of CSR was kept aside by the architects of the rules; instead, they framed new rules to pinpoint them differently and for erratic and less payment of salary. If the bureaucracy had been compassionate towards displaced (migrant) employees, the inclusion of one footnote in the CSR would have solved all the problems of the employees.

Coming back to the subject, on a visit to Jammu & Kashmir in 2008, Prime Minister Dr Manmohan Singh announced a relief and rehabilitation package for Kashmiri Pandits at Akhnoor on April 25, 2008. The package was for those who opted to return to the Valley. The unrealistic package was to pay a lump sum amount of Rs. 7.5 lakh to build or buy houses of their own or through housing societies for which land was to be identified by the State government (UT from August 2019). The package's other salient features were:

a) A lump sum amount of Rs. 7.50 Lakh to

be paid to those whose houses are fully or partially damaged.

- b) A lump sum amount of Rs 2 Lakh to be paid to those whose houses are dilapidated or used.
- c) Transit accommodation to the returnee.
- d) The relief holder shall continue to get relief for two years after they return to the Valley.
- e) One-time grant of Rs 5 Lakh to the kith and kin of those killed in militancy.
- f) Rs 1.5 Lakh for restoration of agriculture and horticulture operation.
- g) To consider waiving interest on outstanding loans taken before migration.

The community rejected the package mentioned above as an insufficient one.

The exceptions were:

- 1. Six thousand migrant youths would be given government employment. (The state government-funded nil posts). The central government-funded all the 6000 jobs.
- 2. Financial assistance to 9000 unemployed migrant youth for self-employment proposals through vocational programs training.

It took one and a half years to take the first step toward implementing the Rs 1618 Crore PM package. The government formed an apex committee to accomplish the task. By constituting an apex committee of a large number, persons in the power of corridors were not sensitive to the implementation of the package. The bureaucracy drafted the package so that it lacked the emotional intelligence to navigate professional interactions, which will have a lasting impact on the employees' career success under the PM package. The rules framed for 6000 jobs with discriminatory undertaking are contrary to basic service rules.

The youth of the displaced community were in anguish due to the unemployment, and in distress, they accepted employment in Kashmir. Perhaps, they fell prey to the statements of the politicians that Kashmir was

incomplete without Kashmiri Pandits. They took the harsh clauses of the package. The bureaucracy has knitted the package so that it is a one-time package of employment for the educated unemployed youth of the displaced community. The 6000 employees are supernumerary to the actual strength of UT government employees. On reaching the age of supernumerary, the post will automatically abolish. If posts remain vacant on selection, they will not be filled again but will be repealed. The budgetary allocation of their salary component is not operated by the head of the departments where they work but under security-related expenditure. Their salary is reimbursed to Relief Commissioner, who transfers the amount to the respective departments where the PM package employees work.

No seniority, no promotion, and transfers outside Kashmir make it a violation of Fundamental Rights. Indian Constitution under Article 14 (Equality before Law), Article 16 (Equal opportunity in appointments), Article 21 (Protection of Life & Liberty) and violation of Human Rights as per international law. Article 3 of the Geneva Convention prohibits humiliating and degrading treatment to people.

Let the Indian State and sensitive persons in the governance of UT Jammu & Kashmir be careful and thoughtful to understand Kashmiri Pandits are the victims of a political conspiracy and inconsiderate bureaucracy. Kashmiri Pandit is a stakeholder at the micro and macro level to restore peace in the Valley. If the Indian State feels that PM's Employment package was a Rehabilitation plan for the Kashmiri Pandits in the Valley, the policy planners have ultimately failed due to multiple reasons. Preposterous drafted PM package for displaced employees has created sadness in the community. The repeated target killings have shattered the confidence of the employees. The community is uncertain of the next generation.

The Indian State is tested for its honesty if the selective killing is not stopped and the hostile administrative actions are not put to stop.



- Dr. K N Pandit



Kashmir Files

Faced with the Evil Incarnate

Agnihotri's Kashmir Files film has earned unprecedented popularity. It is because the story shames the Indian nation and the political rulers of the country. Everybody coming out of the cinema hall after viewing the film wipes his or her tears and says, "Oh, I never knew this has happened to Kashmiri Pandits." It shows the majority of Indians of all categories are a pack of ignorant people. But perhaps that is not true about the politicians. I believe most of them knew what had befallen the Kashmir valley Pandit community but political compulsions and vested interests both made them seal their lips. The cowards would not speak. Their souls are dead and their conscience paralysed.

We will not denigrate them. Our regret is about those politicians who muster evil powers and publicly announce that this is a false film.

Foremost among these people are the pseudo-secularists, pseudo-socialists and pseudo-nationalists. They are generally the pack of urban Naxalites. One such person is Arvind Kejriwal, the chief minister of Delhi. He spoke sarcastically about the film and the plight of the Kashmiri Pandits in 1990. He had a sadistic laugh on the demand that the film be made tax free as in other states. We will not debate whether it is a true or untrue story. Let Kejriwal take his time to come to a conclusion of what he is saying. Late Prof. Apurab Somnath, a dear friend, once asked who is a hypocrite? He himself replied that one who begins to believe in his own lies is the real hypocrite.

Some BJP youth protested against Kejriwal's statements on the film. In defending his stance Kejriwal said he had

employed many Kashmiri migrants as teachers in Delhi administration. This white lie infuriated the internally displaced Kashmiri Pandit old and young because the big lie and canard comes from the mouth of a chief minister. We thought it apt to put this narrative in the public domain so that the entire nation and especially the voters of AAP in Delhi and elsewhere know for certain what a liar they have chosen as their chief minister. The story merits fuller description and exposure in public domain so that the fraudulent leadership is exposed.

After the ethnic cleansing of Kashmir valley in LTC, a large number of Kashmiri Pandits sought refuge in Delhi. Sheela Dixit of Congress was the chief minister. She absorbed about 233 B.Ed. and M Ed migrant girls into Delhi Education Department temporarily on ad hoc basis. They were deputed to various schools but were paid a consolidated salary far below the salary paid to the regulars. They were not paid for summer break period, nor house rent, nor LTC nor any other facility to which the regulars are entitled. The workload of these teachers was precisely the same as of the regulars.

These refugee teachers made many requests to the authorities but to no avail. Once late Sheela Dixit consulted Ghulam Nabi Azad on the matter. He advised her not to make them regular because if made regular they would not agree to go back to Kashmir. As long as Sheela Dixit was in power, she did not regularise them nor did any justice to them; rather treated them with contempt.

Around 2010, the affected teachers sought legal remedy to their plight. The case protracted till 2015 (five years). Finally, the one-judge court ordered that the teachers should be regularised. The Delhi administration appealed against the verdict of one-judge court in the High Court in Delhi. After more than three years, the High Court upheld the verdict of the one-judge court and ordered that all the 233 teachers are regularised. The Kejriwal administration approached for Review which was again

rejected by the court. The Kejriwal administration appealed against the High Court's decision before the Supreme Court. But the Supreme Court *prima facie* dismissed the case.

Thus, ten years of litigation in the courts of law brought relief to these migrant teachers but it was only half hearted. The Kejriwal administration did regularise them but did not allow them any perks from the date of appointment. They were not paid the house rent, medical assistance, LTC or any other benefit even though they were regularised.

The teachers were yet to face another ordeal. The secretarial staff of the education directorate created hundreds of hurdles in final calculations of the amount of gratuity and pension. This opened huge market of bribery and corruption. From private sources it was known that there was hardly a retired teacher who was not demanded bribes in thousands if they wanted their gratuity to be fixed.

Kejriwal spoke another lie. He said that the migrant teachers were paid arrears also. This is a brazen lie which shows the ill-will of a so-called political leader against the people. There are others as well of his ilk but since they are not holding any public office, we desist from making a mention of their names. This issue has another dimension. Who should be held responsible for denying the concerned teachers justice for ten long years? Who should be held responsible for forcing the refugees to spend hundreds of thousands of rupees for forced litigation? Should not the government of Delhi be asked by a court of law to do justice to these teachers by reimbursing the full amount they were forced to expend for seeking legal justice.

Lastly, when the court has ordered their regularization how come the government has disallowed them the benefits of arrears of all those emoluments that accrue to them under rules.

We hope the High Court of Delhi should take a *suo moto* notice of this case and order grant of all emoluments like house rent, medical allowance, DA etc. in their case.



- A K Wattal



IDENTITY CRISIS

A strong hurdle to Unification of KP LEADERSHIP

We are all aware that, immediately after the forced exodus from the vale, we were more cohesive, united, unison in approach to our SOS problems pertaining to survival, shelter, education, health, economics and upkeep of culture and traditions. ASKPC, AIKPC, Sheetal Nath Trust etc. used to be often heard in Kashmir, vis-a-vis the KP Organisations. Kashmiri Samiti Delhi, KP Sabha Amphalla and one or two more Sabhas in other states existed in the states of UP and Punjab. AIKS too had taken birth in 1979.

After displacement the major organizations which came to existence and spearheaded the cause of KPs and were supported by one and all were (i) Panun Kashmir (ii) Migrant Welfare Committee Geeta Bhavan, besides already existing AIKS and Kashmiri Samiti Delhi. I have no inhibitions to declare that the aforesaid organizations did yeomen's service in pleading the cause and ameliorations of the sufferings of KPs.

Since the displacement from valley resulted in the settlement of the affected populace in different states of India and even world over; new Sabhas and local KP units were formed almost everywhere, to remain united and preserve our culture, traditions,

heritage and language. This resulted in the dispersal of the concentrated migrant population from Jammu and thus weakening of the grip of newly born two organizations, as named above. The Margdharshan and World Kashmiri Pandit Conference at New Delhi and even Kritagya Yatra to Anandpur Sahib had created a euphoria, vibrance and momentum in the concerned circles; but alas the organization got trifurcated.

Contemporarily, the smaller units from various states got affiliated to All India Kashmiri Samaj (AIKS) with sole aim of unity and to make AIKS an Umbrella Organisation of KPs. At one point of time Kashmiri Samiti Delhi was also an affiliate of AIKS and Youth All India Kashmiri Samaj (YAIKS) was an arm of AIKS only. What led to the dis-affiliation is not known to me.

We have N number of well-meaning organizations and scores of WhatsApp groups, who make paper castles; administered by learned, scholarly and knowledgeable persons at present. Their individual and group-wise contributions are valid and of immense importance; given the fact that KPs are deemed to have gifted talent. But alas! our voice is either not heard or ignored on account of our disunity among

leadership and hollow density. **Though every one wishes and talks of unity.**

I would like to subscribe that whosoever wants to lead a group or an organisation carries an intrinsic acumen and quality to work determinately for the community or humanity and, therefore, I must respect every leader. The only remorse I have is that the issues, problems, goals and destinations are common but we present our common issues at different fora in different ways, at different times, to different people, different places and with different fervor. We know that makes us too weak to be reckoned as a community; but yes, we are treated as a commodity.

Identity Crisis

There is nothing novel, if I say that just after about 10 years, we would have amalgamated linguistically, culturally and traditionally with different human species of the country and the world. The only identification the KPs, that too only ladies would retain, is the Atahor/ Daijhor, if they choose to don, like the ladies of Kashmiri Mohalla Lucknow.

We cannot blame anyone for this, because these have been and are the offshoots of the exodus and our children and progeny got exposed to different cultures, media affects and the dis-unity among the leadership of the KP organisations. The history will not forgive us, if we do not shed our egos and come together with a Common Minimum Programme, on social, economic, political and cultural issues, confronting the community.

It has been seen that every group would try to undercut or undermine the other group through social media, which subscribes to negativity. Such people do not practically contribute anything to the society but wish to remain in lime light, to maintain their identity. So there are two types of identity crisis – one, the KPs are likely to lose because of exodus and the second is with the people who keep on beating the chest to undermine the contributions of other organizations. If We Learn To Respect Each Organisation, Their Democratic Leadership, Their Contributions

And Reinforce Them By Our Own Positive Addendums Rather Than Making Discouraging Comments, Time Is Not Far When Our Efforts Would Get Multiplied and Our Common Goals Would Be Achieved.

ASIMLIE:

The other day I had gone to attend the Inauguration of a National Level Hospital. There were thousands of participants. The Organisers had made an elaborate arrangement for seating, reserving front seats on the right side for the VIPs and on left side for the Press, as usual. I sat in the 5th row on the right side, facing the dice. The front seats were reserved for the MPs, MLAs, Officers from the Administration etc. The police was on guard.

To my surprise and dismay, I saw local leaders coming and sitting on the chairs reserved for the VIPs after having wordy duals with police. Everybody had a desire to be seen sitting in the VIP lounge as a VIP, without any practical meaning. You can very well imagine that when this kind of consciousness erupts, our selfless contribution becomes null and void. Let us wish for forbearance, tolerance, broad vision, selflessness and get united with a Common Minimum Programme.

SUGGESTION:

With due regards for the leaderships of all well-meaning KP Organisations viz; AIKS, Panun Kashmir (all Factions), Ksd, Askpc, Aikpc, Yaiks, Gkpd, Jkvm, Sampooran Kashmir, Wkps, Migrant Welfare Committees Of All Camps in Jammu etc. etc., let some organization take a lead and organize a co-ordination Meeting at Jammu. Let all issues confronting the community be discussed and a co-ordination Committee, deriving members from all stake holders be formed and a COMMON MINIMUM PROGRAMME be chalked out. There are well meaning and responsible leaders, who can wear such mantel and do a great service to the common cause. That would rejuvenate the retarded and hidden energy and paint our complacency into a purposeful and committed character.



- B L Saraf



TEMPLE PROTECTION BILL Reaches Parliament



Vivek Tankha, Rajya Sabha Member and a Kashmiri Pandit now settled in MP, has introduced a private members' Bill No XV111 of 2022 in the Rajya Sabha, titled *Kashmiri Pandits (Recourse, Restitution, Rehabilitation And Resettlement) Bill, 2022*. The Bill is intended to justice to the cause of internally displaced Pandits who have been living as refugees in their own country, since 1990. Though not all that the displaced KPs want is covered by the Bill (Bill No XV111 henceforth), yet it provides for many things which are essential to their physical and spiritual existence. The Bill has the object:

“to provide for social, political and economic rehabilitation of Kashmiri Pandits, protection of their property, restoration of their cultural heritage, ensuring their safety and security, provision of rehabilitation and resettlement package to them and for matters connected therewith or incidental thereto.”

Bill No XV111 intends to settle some important issues confronting KPs which call for a detailed comment but paucity of time and space will not permit it here. The matter is left to the other day. Nonetheless, a significant provision emerges out regarding which the entire displaced Kashmiri Hindu

community is on one page. The community has been demanding a law for protection of the temples in Kashmir. Therefore, it requires a mention. Chapter V of the Bill has a provision with respect to the Restoration of Temples and Heritage Sites in Kashmir, and vide Clause 7 Sub Clause (7) provides for setting up of Kashmiri Hindus Shrine Board on the lines of Shri Mata Vaishno Devi Board and Shri Amarnath Shrine Board. By desire or pleasant coincidence, the Chapter has genesis in what the Supreme Court and some constitutional courts in the country have asked the GOI and state governments to do. L G Manoj Sinha has also been thinking on the same lines

In 2021 the LG Administration, after realizing that several religious and historical monuments in J&K are “battling for their existence and identity” issued directions for preparation of Action Plans under “Scheme for Revival, Restoration, Preservation and Maintenance of Architecture and Heritage.” Similar directions were issued in respect of “Scheme for Promotion of Traditional and Cultural Festivals”.

The phraseology employed echoed sum and substance of aims and objects of the Bill No, 11/ 2009, introduced in the Legislative Assembly in March 2009 which unfortunately couldn't pass into a law. The Government emphasized the necessity of the Bill thus: “.....There are complaints that properties of these Shrines have been encroached and most of them are in deteriorated condition. Many associations and bodies of the community have shown concern in this behalf.”

Supreme Court said in WP No 649/ 2018 Mrinalni VS UOI dated 08/ 06/ 2018 “There is no doubt that proper management of pilgrimage centers of importance is a matter of public interest. These centers are of undoubted religious, social historical and architectural importance representing cultural heritage of the country. Millions of people visit these places not only for tourism but also for seeking inspiration for the righteous values and for their well-being. They make huge offerings and donations for advancement of such values.”

Directions were made to Union Home Ministry to collect information with regard to





the religious places in the country so that management practices therein can be reviewed.

For the implementation of the scheme government has constituted an Executive Committee headed by the Chief Secretary and the District Level Coordination – cum – Implementation Committees, headed by the local District Development Commissioner. Refer Government Order no 863 JK (JAD) of 2021 dated 8th September). The Committee has specific terms of reference. It will conduct census and survey of the shrines, temples and other historic monuments and undertake renovations repairs etc.

What the displaced persons of Kashmir have been saying for the last 35 years, with reference to their religious places, now stands admitted by the government. True, the government's intervention is required to retrieve the lost and usurped properties of these shrines and for carrying out repairs, renovations etc. But these religious places need continuous care and management to ensure “protection and longevity” which can be provided only by the devotees within the community on permanent basis. Therefore, the management has to be in the hands of a particular community and to ensure that

happens in a transparent and democratic manner a statutory safeguard is required.

State High Court also took cognizance of the assault made on these religious places. Orders were passed in Writ Petition OWP 785/ 2008 titled Ghulam Nabi Khan v/s State of J&K, for protection of Mandir Properties and banning their sale in the Valley. But unfortunately, they have not been implemented. The Bill is welcome but more is required.

The Chapter V of the BILL No XV111 is a one clause measure which doesn't make for a complete law on the subject. No mention is made of how a democratic and transparent management of these temples and shrines could be ensured. However, it an appreciable effort of the respected member Rajya Sabah member, in as much as would lay down the foundation on which, in future, a well-structured state law, covering vital aspects, can be founded on. Apart from that it will give all political parties/ persons - ruling or in the opposition - a chance to redeem themselves and come good on their promises made to the displaced community and give KPs a view to see true friends. The timely passage of the Bill XV111 into a law will be a big CBM for the displaced Kashmir Hindus.



-Alka Lahori



BACK TO SQUARE ONE

Are we back to square one or is it a flicker of the dying flame? The spate of target killings, yet again beginning with the broad day light murder of Rahul Bhat in Chadoora (Badgam), putting the lives of our PM package employment boys and girls in danger, has benumbed the community which perhaps now had been believing that worst was behind us and a new beginning on an anvil. This latest phase of terror related incidents involving targeted minority killings started in October last year with the daring massacre of a well-known Chemist Shri M L Bindroo at his shop and in front of a large number of his customers has also paid put to our hopes and dreams of a new dawn of peace and social bonhomie in a Naya Kashmir. While these boys and girls, like frightened pigeons, make their way to the safety of

Jammu, for the beleaguered community there is a sense of déjà vu, seen it and gone through it before, a repeat of 1990 events.

But before we set upon the task of analysing the genesis of new phase of blood-letting, I can't but raise a toast to the rare show of strength characterized as much by grit and guts as valour and courage this generation of our kids put on display in the valley. They did not let go of it by simply accepting it as fait accompli, but by giving a tough fight and registering their angst and frustration with the administration which squarely had let them down. It was heart-warming to see them holding dharnas and carrying out protest marches in various districts while raising nationalist slogans in the den of Islamist Kashmir. They would assemble in fairly good numbers and put administration in the dock for



overlooking the security concerns of Rahul Bhat and Rajni Bala while demanding better service conditions for themselves and relocation to safer places. It was epic, it was historic; perhaps first ever exhibition of collective might after the Parmeshwari episode in early Sixties, when it was relative peace in valley. Bravo! All you boys and girls, you almost killed it, by bringing alive the dormant killer instinct.

Coming to analysis part, Kashmir is increasingly proving an onion like puzzle, wrapped in layers of cover and no core. Agencies seem perplexed as do the government at the helm. As security forces claim destruction of all terror infrastructure including elimination of entire rank and file of its cadre, terrorists strike back with a changed tactics. From collective terror campaigns, they go solo—a la lone wolf strategy to hybrid variety-- a normal gentleman attire melting in the crowd, some even with a regular job. Kalashnikovs have been replaced by small pocket size pistol guns; and instead of carrying out big terror events, target killings are the new norm and terror signature—kill one scare one thousand.

K- issue has belied the common belief that terrorism has only a limited life span, a decade or so, and dies its own death. Thirty-two years and still going, if not full steam, nonetheless alive and kicking. One is intrigued and wonders what sustains it-- tacit public support, money power or it has reduced itself to a crime syndicate, doing the bidding of local politicians who (in current milieu) find themselves out in cold and out of reckoning. It can be all put together, but one thing is certain that in these thirty plus years, Kashmir as society has undergone a metamorphic change. On the one hand it has mercilessly been radicalized and fallen deep in the abyss of Jihadi Islam. Leave alone Mosques, Islamic seminaries (Darzghah), sort of residential Islamic schools, have sprung up everywhere. In far flung areas and villages children are sent to these institutions where the jihad laced Islamic literature forms the core curriculum-- no Maths and no English. Imagine almost 80

percent Kashmir lives in rural settings.

Secondly, as people with known least moral integrity who wallow in looting and pilfering from government funds meant for public projects and scale of corruption in political class, has sharply divided the society on the lines of class. There is no 'percolation down' effect of economy and large masses are left outside the ambit of its benefit. A situation where rich get richer and poor poorer provides a fertile ground for radicalization to strike roots; remember terrorism thrives on poverty and illiteracy. While rich have and enjoy best of all the worlds, it is the young ones of have-nots who are falling prey to radicalization campaigns in local mosques and Islamic seminaries.

We can safely say a pot-pourri of elements which has brought things to this sorry state of affairs. Apart from dirty tricks of Pakistan, we cannot absolve the successive regimes at the centre who have been overindulgent towards Kashmir and pumping funds into valley without making authorities to account for it. If a tourist season goes bad because of strike calendar of Hurriyat, Dilli Darbar is more than willing to compensate for the losses. If a flood hits city, whole valley gets money, insurance companies are asked to disburse sum insured without asking too many questions. If snowfall precedes the apple harvest, government at the centre is more than eager to compensate the apple growers. The point is that if civil society is not allowed to feel the pinch of financial crunch as a result of the actions of these lunatics, how will they rise in revolt against them and denounce them publicly? Road to normalcy is through civil society. Overfed babies do not cry.

For our boys and girls-- fret no fever no, for this too shall pass. You have a thriving community at your back. Community which has learnt to draw strength from its own collective effort shall not leave you in lurch. When we left valley in 1990, we were moving towards an unknown future. Without any Godfather and political patronage, we made it, so shall you. There is life beyond Kashmir.



- Ashok Razdan



OM CHANTS, RANGOLI, MANDALAS: SIMILAR HEALING EFFECTS

Om in scriptures:

Lal ded says in one of her Vakhs:

*"Akuy Omkar yas Nabi dhare,
Kumbhay Brahmandas sum garey,
akh suy manthr tseytas kare,
Tas sas manther kya kare"*

"He in whose naval (manipura chakra) is activated does not need to chant thousands of mantras, he just needs to chant OM mantra to merge his individual consciousness into cosmic consciousness."

Every mantra in all Vedas begins with OM. Says Lord in Bhagwad Gita 7.18, "I am sacred syllable Om in Vedic mantras". Says Lord in Bhagwad Gita 10.25, "Of all the sounds and vibrations, I am the transcendental OM". Declares Rig Veda, "Om is the Shabad-Brahman (God in sound form) and is primordial sound (pranava) of the universe." Says Lord in Bhagwad Gita 9.17, "of this universe I am the father, I am also the mother, the sustainer and the grandiose. I am the purifier, the goal of knowledge, the sacred OM". Again, in Bhagwad Gita Lord states "From the beginning of the creation the three syllables, OM TAT SAT, have been used to indicate absolute truth, represents unmanifest, manifest and the absolute reality". "Therefore, uttering OM on the acts of Yajna (fire ritual), dana (charity), tapas (austerity) are always began by those who study the

Brahman (absolute reality)" states Bhagwad Gita 17.24. Lord states in Bhagwad Gita 8.13, "Whoever controls his mind and chants OM at the time of death, that person will attain the supreme goal".

Upanisahads consider OM as the basis of all mantras. Eight Upanishads (Brihadananyaka, Chandogya, Katha, Mandukya, Mundaka, Prasaha, Svetasvatra, Taittiriya) have separate sections dealing with OM. Chandogya Upanishad, begins with the recommendation "Let us meditate on OM". In the first chapter it discusses metric, structure, symbolism and philosophy behind OM. In the second chapter it associates OM with highest reality and asserts that OM is both unmanifest, whole manifestation of the observed world. Meditating on OM is same as meditating on Brahman declares Maitrin Upanishad. Adi Shankraychara in his commentary on Mundaka Upanishad states that OM is symbolism of Brahman.

OM is both unmanifest as manifest of whole observed world. Katha Upanishad (1.2.15-1.2.16) says this about "OM"

*The word which all the vedas proclaim,
That which is expressed in every tapas,
That for which they have life of Brahmachari,
Understand that word in its essence,*

*OM! That is the word
Yes this syllable is Brahman,
This syllable is highest,*

*He who knows that syllable,
Whoever he desires is his*

Mandyuka Upanishad declares "OM" as all states of time, all states of atman, all states of consciousness, all states of knowledge (verse 1 to 12). Shevtashvarta Upanishad states that "OM" is a tool of meditation to realise the God within oneself...

Scientific analysis of OM chants:

From the beginning of the 19th century there has been lot of interest in studying the effect of music including the effect of Mantras on human mind. Multiple experimental studies

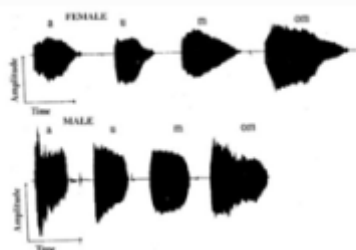
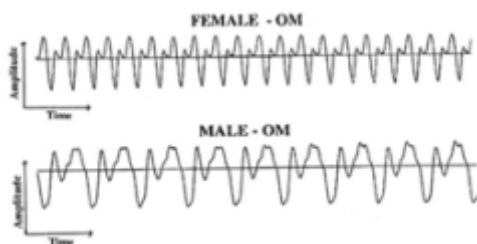


Fig. 1



have been reported over the period of time. It has been reported by multiple research group that is significant decrease in heart rate and rate of breathing who chant "OM" for five minutes. Researchers at Massachusetts General hospital and Beth Israel Deaconess medical centre (PLOS ONE doi.10.1371/journal.pone.0062817) have reported that deep rest attained through OM chanting, pranayam, meditation triggers changes in gene expression that can affect the body immune function, energy metabolism and insulin secretion. It has also been reported multiple times in scientific literature that OM chanting in moderate hypertensive cases showed statically

significant reduction is systolic as well as diastolic BP (J Arora et al, NJPPP, January 2018 issue).

Heisen J D (MS dissertation, Hindu University of America, Florida US 2003) conducted experiments on OM sound. Recording of A-kara, U-kara, M-kara and OM-Kara was done for both female and male volunteers. A sample of recording of details of both male and female voices is shown in the figure below.

It is clear from both cases that A-kara has a flat signal, U-kara has a flat signal initially but tapers off, Ma-kara also behaves like U-kara but OM-kara displays two segments, one for 'O' and other for 'M'. Spectrogram analysis of these signals gives us idea about frequency of the signals. The results show that male voices have fundamental frequencies of 108 Hz to 118 Hz. The fundamental frequencies for female voices are 237 Hz to 242.Hz. Fundamental frequency is the lowest frequency and is also perceived as loudest, the ear identifies it as the specific pitch of the musical tone. In any waveform there can be multiple harmonics and subharmonics frequencies also. If fundamental frequency is 50 Hz, harmonics are 100 Hz, 150 Hz, 200 Hz, etc. i.e. multiples of fundamental frequency. For frequencies which are less than fundamental frequencies with the pattern $(1/n)f$, are called as subharmonics eg for fundamental frequency of 50 Hz, subharmonics are 25 Hz, 17Hz, 12 Hz etc. For A-kara there are 11 and 6 subharmonics for male and female voices, there are 7 and one subharmonics for male and female u-kara, there are 3 and one subharmonics for male and female voices and for OM-kara there are 11 subharmonics and 5 subharmonics respectively for male and female voices.

A report published in Int. journal of Yoga (2001 January) confirms that deactivation of Limbic structures with OM chanting. Limbic system plays vital role in controlling emotional behaviours like fear, rage, anxiety etc. the limbic system gets activated by stress and too much or too little serotonin levels. The results were confirmed and validated by

imaging technique of fMRI of brain. Om chanting normalises release of neurotransmitters calming the agitated limbic system. Amy Kazmin writes her experiences in January 11, 2019 issue of Financial Times on OM chanting as a volunteer at NIMHANS Bangalore. She was part of experimental studies when healthy volunteers alternated between chanting "OM" and Hissing (as the control activity) and data was recorded by near infrared transmitters and receivers including measurement of oxygen levels in her brain using fMRI imaging technique. It was observed that brain limbic region responses were deactivated when volunteers chanted "OM".

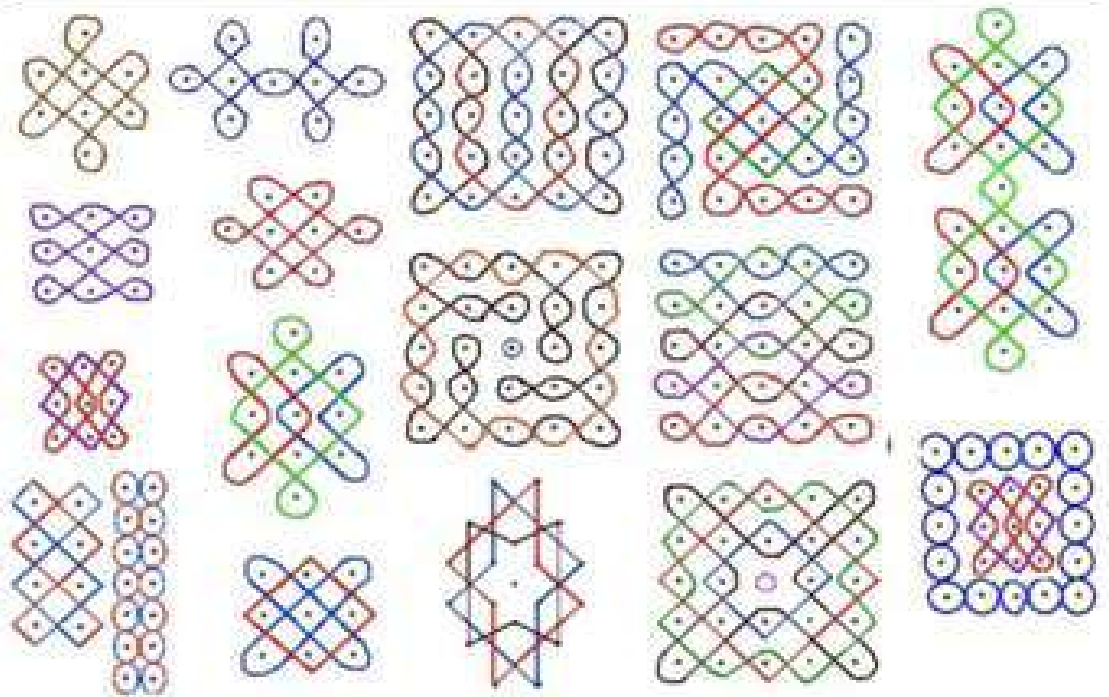
It is well established that OM chanting helps both physical health as well as good mental wealth. Chanting OM for some time makes you detached from the world by curtailing random thoughts and whole mind gets focused on sound OM. It has been reported that regular OM chanting results in well-being of spinal cord. It has also been reported that OM chanting results in improvement of blood circulation, oxygen

enrichment, youthfulness internally and externally. Om chanting helps in low blood pressure, breathing, respiration and heart beat normalises. OM chanting helps to improve sleep patterns and improve digestive system functioning. OM chanting makes a person emotionally stable, makes you stay in positive state even under difficult conditions. Regular OM chanting helps you to reduce your mood swings and attain a steady state of mind.

Rangoli and Mandala:

What is OM chanting in sound domain, rangoli and Mandalas are in visual domain. Om chanting, rangoli and mandala have same effect of calming the mind and create internal peace. If you take a metal plate over which you spread some sand and attach it to a frequency generator. When metal plate vibrates based on frequency all the sand particle forms a pattern.

When metal plate vibrates, at resonant frequency of the vibration, sand on the metal plate gets aligned in a particular geometric pattern, this process is known as Cymatics. So, a mechanical vibration of a metal plate leads sand patterns of different types corresponding





to different frequencies, reverse process also happens. In this reverse process when we look at any geometrical pattern, a vibration is created in our brain which may create a pleasant feeling or unpleasant feeling based on the nature of image. It was reported by Christie et al in Journal of cognitive Neuroscience (21 (8) 1523-1535, 2009) that even a small geometric shape activates neural circuits. The electrode recording and imagining studies by Sato et al (Neuron, 75, 218-229, 2012) that localized visual stimuli elicits waves of activity that travel across the primary visual cortex. It is important to note that visual cortex is the primary cortical region of the brain that receives, integrates and processes visual information relayed from the retina.

Modern world is realizing the importance of visuals in the art of healing. Our ancestors knew it from centuries, so they invented the art of Rangoli and Mandala. For centuries Indians have been drawing Rangolis on important occasions like marriage, religious festivals in some parts of India but in other parts of India in south, Rangoli is drawn every day soon after sunrise, to begin a beautiful day.

Basic design of Rangoli involves symmetry along both vertical as well as horizontal axis mostly having rounded edges. The above picture shows building blocks of Rangoli and below picture shows actual

Rangoli. The upper figure shows building units of Rangoli and lower figure shows a typical Rangoli.

Rangoli is not art form but science of patterns which creates powerful vibrations in our brain resulting in powerful pleasant feeling. The simple act of drawing a rangoli or coloring a rangoli or just looking at rangoli can relive stress or anxiety.

Rangoli in Tamil Nadu is called as Kolam, Mandana in Rajasthan, Chowk Purnia in Chattisgarh, Alpana in West Bengal, Aripane in Bihar. Mugga in Andhara Pradesh. In Kashmir Rangoli is known as Yough. It is drawn on eve of marriage and first steps of groom or bride in house take place on Yough. Kashmiri Hindus now living outside Kashmir have slowly adopted practice of drawing Rangoli on Diwali and other Hindu festival.

Mandalas (Sanskrit word meaning circle) are tantrik diagrams which are used in Hindu and Buddhist tantrik traditions and become instrument of religious rites and meditations. Mandalas are mentioned in RigVeda. Mandala is a consecrated area (made of rice flour or sand or colours on ground or on cloth) representing universe on which a person meditates by mentally entering the mandala and proceeding towards





the centre. Mandalas are of two types, the Garbha Dhatu (womb world) in which movement is from one to many and in Vajra Dhatu (diamond / thunderbolt world) in which movement is from many to one. The Hindu Mandala traditions focuses on the realization of the self with the divine and Buddhist mandala traditions focuses on enlightenment. Babourchkins and Robins (Journal of American Art Therapy 32 (34-30) 2015) did the comparison of drawing Mandala with circle and square. Results indicated that participants who drew Mandala within the circle displayed 77% more improvement in mood than those who drew within the square. Figure below shows image of Vishnu Mandala.

When we add mantra to the Mandala it becomes Yantra. Mandala is expression and Yantra is action. Yantras are used for the worship of deities in temple or in home. A typical Yantra consists of triangles or hexagons or circles and a mantra. The central points of traditional Yantras have a point or Bindu which represents the main deity. Bindu represents the point of source of whole creation. In Linga Bhairavi yantra, the Bindu is represented by a Linga.



Downward pointing triangles in Yantra represents feminine aspect of God (Shakti) and upward pointing triangles represent masculine aspect of God (Shiva). Circles in Yantra represent manifestation. Lotus in Yantra represents purity and transcendence. White colour in Yantra represents Satva guna, red represents Rajas and black colour represents Tamasic guna. Figures show Sri Yantra engaged on Chakreshwar Shila at Hari Parbat temple in Srinagar.

Both Mandalas and Yantras meditation result in major health benefits like happiness, inner peace, easing of stress, anxiety, fear, depression. They also result in improvement of creativity, self-esteem, self-acceptance and better sleep. It was Carl Jung, the founder of Analytical Psychology who took concept of Mandala to west. In his book, "Memories, Dream, Reflections" Carl Jung credits Mandala to emerge from darkness and find inner peace. He writes, "When I began drawing the mandals, I saw that all the steps I had taken were leading back to a single point in the middle. It became increasingly plain to me that Mandala is the centre; it is exponent of all paths. It is the path to centre, to individuation". Carl Jung uses the word Individuation to describe process by which a person becomes whole. In later life Jung came to conclusion that Mandala represents "The Wholeness of Self".



“THE FADING STEPS”

I looked at his back as the footsteps faded,
My eyes straining to get a glimpse.
My heart yearning, maybe he will,
Turn back, surely, he will!

My soul shrinking as clock ticks by,
I stand there like a lifeless shell!
My hand still in a clasp where he had broken the grasp,
My finger bruised with the searing pain.
I try to move from the rigid gait,
My muscles limp, my mind numb in a frozen state.

Surrounded by people yet I see nothing,
A dark future is my becoming!
What do I do? Where do I start?
I need a shoulder to cry on!
I turn away, one step at a time,
The slow death of my heart has just begun.

A long way we had walked,
Hand in hand at first, then side-by-side.
Somewhere along the road, a smog set in.
Words became sparse, feelings shallow,
And I felt alone in that sorrow.
Anger became a weapon for expectations unfulfilled,
Ego took over where love once lived.

But you would walk away, little did I comprehend.
That goodbye taught me how cruel life is.
Yesterday I was soaring in the skies so high,
Today I lay wounded no help in sight!
Now I must go on, with all my regrets,
And you will take no part in that repentance.
Forget you, I will, I promise you that,
All the journeys start with a single step.
Till someone comes with sweetness of soul,
To fill my heart with love and hope.



– Dr. Archana Kokroo



FRIGID

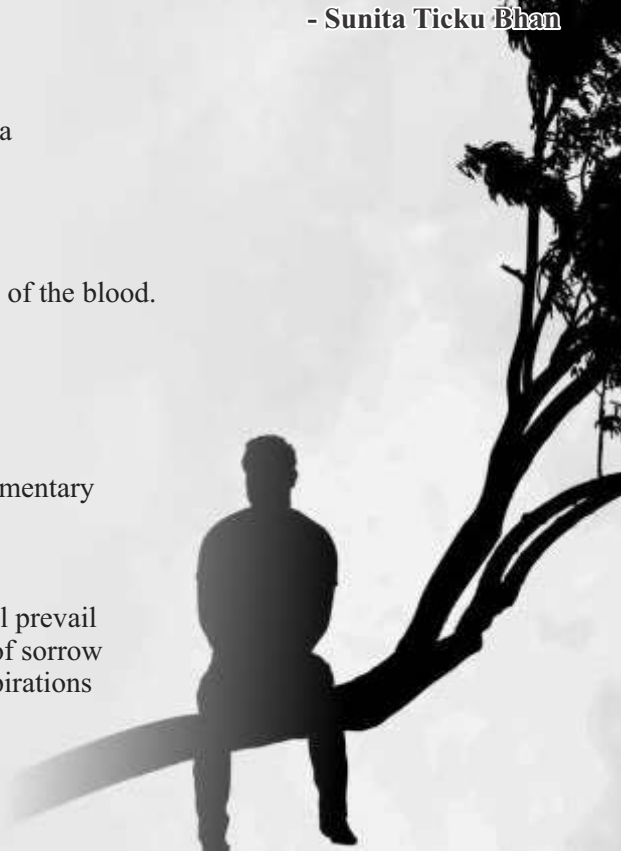
My agony like the frigid cradle
Of a morning that lost its sun,
Along with the burnt ashen quarters of time
Holding the Flickering glimmers of Hope.
Pallid ambience like the dust storm
Of a hot summer day
That hides the funeral of its
Irritated sizzling afternoon
In the lap of its cooler calmer evening.



- Sunita Ticku Bhan

This Frosted despair and the sallow aura
Both like the hands of an assassin
Around the neck of my being
Choke the very existence of me
My blue body slowly
bidding farewell to the gushing redness of the blood.
The caravan of desires
Painted on the canvas of my heart
Fading under the sun of lifelessness

This grappling moment in time
That is churning the essence of that momentary
existence
It will succumb
So will the breath and it's ego
A hollow skeleton of circumstance shall prevail
opportunely vultures will feast on Flesh of sorrow
Mixed with the coagulated blood of aspirations





RED BULL

My granddaughter, Kavita and I were traveling in a car on June 13, 2018 and we saw a sign with 'Red Bull' on it. I told Kavita that I will compose a poem with Red Bull as its title for her.



Dr. Kumar Krishen

There is always a Red Bull
In moments that are very dull
Red Bull that gives life to life
And removes all causes of rife

Where to go? What to do? How to do?
What to stop? What to start? What to move?
For all that and this Red Bull gives us courage
Even moving over clouds our imaginary carriage

Struggles of the Seas of life are very rough
Sailing to our destination hard and tough
When our inner self speaks soft and slow
Suddenly our hopes find life and glow

At length and hard to climb are peaks we covet
The unstoppable time tells us to slow it
Move it, do it, get around it, or get lost
Here our determination leaps us from past

Now the tale of the long-tailed
Red Bull Is the long and short tale of all hopeful
And takes on an infinitely attractive dimension
Where hope puts us in its beautiful mansion.





MATTER, ENERGY AND CONSCIOUSNESS IN KASHMIR SHAIVISM VIS-A-VIS MODERN SCIENCE

Introduction

Matter and Energy both are explored and employed extensively by modern science. Consciousness, on the other hand, is extensively discussed in major religions of human civilizations. Till a few decades back there was no discussion about consciousness in modern science, which claimed to explain each and every thing on the basis of laws applicable to matter and energy. But towards the end of 20th century, in light of a number of phenomena explained on the basis of quantum mechanics, research on brain in neuroscience, psi phenomena in parapsychology, etc., number of scientists have brought consciousness into the purview of science and now it is also discussed extensively on scientific platforms. Similarly, in the religious discourses, rituals, customs, and ceremonies, etc., science is paving its way and it is observed that there is a great science hidden in esoteric religious philosophies particularly in Indian philosophy. Modern Science is also in search of theory of everything which may explain the micro and macro worlds simultaneously under the umbrella of one field or energy. The mystical language of quantum mechanics reflects the fact that it may be related with mysticism as expressed in philosophy. Our attempt in this paper will be to throw light on matter, energy and consciousness in light of modern science and eastern philosophies, particularly Kashmir Shaivism and investigate common threads and new insights if any for further exploration.

Matter and Energy in Modern Science

We understand that ordinarily, matter is the stuff that makes up the universe - everything that takes up space and has mass is considered to be matter. According to modern science, all matter is made up of atoms, which, in turn, are made up of protons, neutrons, and electrons. Atoms come together to form molecules which are the building blocks for all types of matter. Usually, atoms can be imagined as a nucleus of protons and neutrons and a surrounding cloud of orbiting electrons which take up space. However, with the advancement of modern science this is only somewhat correct because subatomic particles and their properties are governed by

their quantum nature which means they do not act as everyday objects appear to act - they can act like waves as well as particles and they do not have well defined sizes or positions. In the Standard model of Particle Physics, matter is not a fundamental concept because the elementary constituents of atoms are quantum entities which do not have an inherent size or volume in any everyday sense of the word. We may say that at the atomic level, matter does not even exist with certainty. It only exists as a tendency to exist. Due to the exclusion principle and other fundamental interactions particles are effectively forced to keep a distance from one another under everyday conditions. This creates the property of matter

which appears to us as matter taking up space.

Thus, we see that in modern science matter should not be confused with mass. Matter is a general term describing any physical substance while mass is not a substance but rather a quantitative property of matter and other substances or systems. While these are different views on what should be considered matter, the mass of a substance has an exact scientific definition.

Energy in modern science may be defined as capacity to perform work. It is property of matter and radiation. Energy is a conserved quantity. The law of conservation of energy states that energy can be converted in form but not created or destroyed. It can be transferred between objects. Its various forms include kinetic, potential, thermal, chemical, electric, magnetic, gravitational, and nuclear energies, etc.

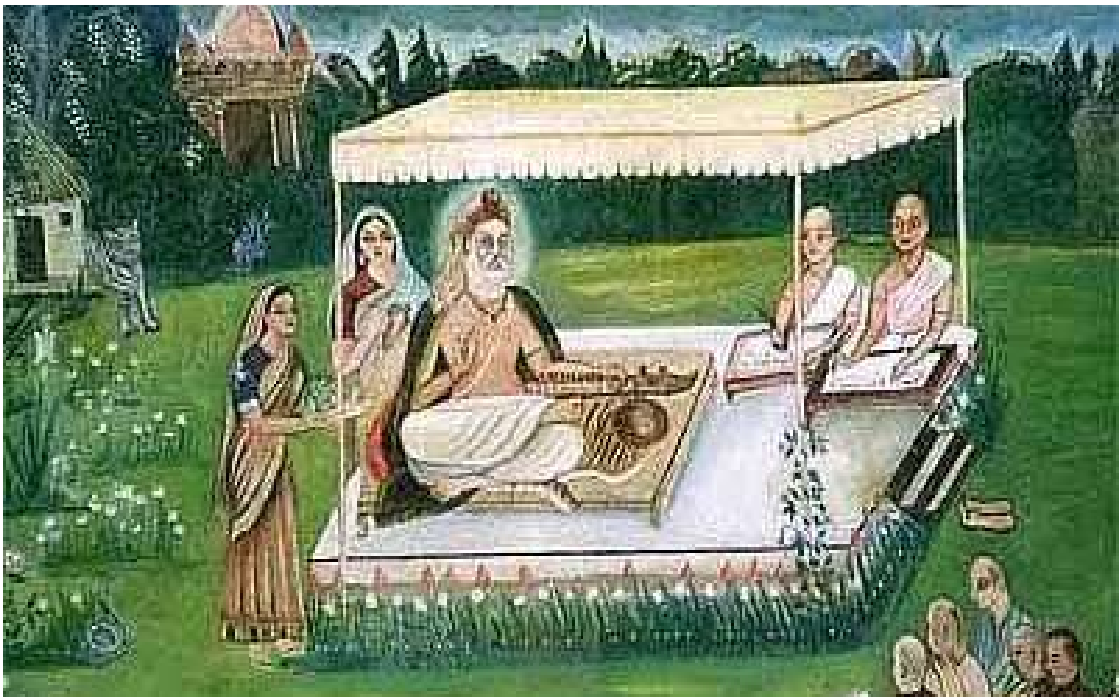
Mass and energy are closely related through mass energy equivalence (from Einstein's Famous equation $E = mc^2$, where, E is energy, m is mass, and c is the velocity of light having value 3×10^8 meter / sec). Any object that has mass when stationary (called rest mass) also has an equivalent amount of

energy which may be called rest energy and any additional energy of any form acquired by the object above that rest energy will increase the object's total mass just as it increases its total energy. Thus, we see that, according to modern science, the universe is one indivisible, dynamic whole in which matter and energy are so deeply entangled, it is impossible to consider them as independent entities.

In our earlier papers,, we have discussed the concept of space and time as per modern science and ancient Indian philosophy. Is there any relation of space and time with matter and energy? There is a statement by Albert Einstein in his note to his last appendix to relativity and this is "I wish to show that space - time is not necessarily something to which one can ascribe a separate existence, independently of the actual objects of physical reality. Physical objects are not in space but these objects are spatially extended. In this way the concept of empty space loses its meaning."

Matter and Energy in Kashmir Shaivism

For much of the history of the Natural



Sciences, people have contemplated the exact nature of matter. The idea that matter was built of discrete building blocks, the so-called particulate theory of matter independently appeared in ancient Greece and ancient India among Buddhists, Hindus and Jains in first Millennium BC. Ancient philosophers who proposed the particulate theory of matter include Kanada (c.6th century BC or after, Leucippus (490 B.C.) and Democritus (470 - 380 B.C.)

As discussed extensively in our previous papers (9-11), according to Kashmir Shaivism the whole gamut of manifestation, including matter and energy emanates from Param Shiva, which is nothing but Universal Consciousness. For manifestation of the universe, the Kashmir Shaivism expounds the philosophy of 36 Tattvas. Tattva means the created being (Tasya bhaavah tattvam). These are the concepts describing the absolute (Param Shiva), its internal aspects and various aspects of creation. Kashmir Shaivism is also known as Pratyabhijña philosophy or Trika philosophy. It lays emphasis on three constituents of reality i.e. Shiv (God), Shakti (World) and Nara (Man). Manifestation process is a mechanism of appearance (effect) from ultimate reality (cause) which is the seed or embryo of the causation.

To explain the theory of appearance in Kashmir Shaivism, Abhinavagupta classified it with both the transcendental and immanent aspects of ultimate reality, which is both Prakash (Light) and Vimarsha (Activity), while Prakash is Shiva and Vimarsha is Shakti. Likewise in the west, Aristotle identified light with matter and vimarsha with form as matter possesses passivity but contains the world in potential form, form is active and works. According to this system, the relation is of two kinds, namely, the transcendent (pāramārthika) and the artificial or fictional (kalpita). The transcendent relation is such that, because of Param Shiva's freedom of will, because He is a free agent, everything beginning with Shiva and ending in the Earth shines non-differently from Him and rests in

Him. The artificial relation of the cause and the effect, however, is such that everything follows a regular sequence. The relation of cause and effect is created by His power of Niyati¹⁰. The real cause is the Param Shiva, for He remains associated with all of them as the cause and the effect. In order to support this view, it is stated that it is He who brings all the causes together and sets them apart. The impelling force of universal consciousness is considered to be the real agent of everything. The principle called māyā is the material cause of the insentient universe. It should be remembered in this context that the Māyā Shakti, belonging to the Shiva, is that which manifests māyā, the material cause, and is quite different from māyā, the principle or tattva¹⁰. The entire universe is born of māyā tattva, from which kalā is born. It, in turn, is responsible for the rise of limited power of action in the limited soul. Māyā veils the pure conscious state of the self for which it loses its power of knowledge and activity¹⁰.

According to the philosophy of Aurobindo, there are two possible views of the universe. The first view espoused by modern science is that matter is the beginning of things and the spirit is non-existent. It assumes that all things have evolved out of matter as if by a random play of chance although nature does operate according to some fixed laws, possibly the result of some unknown intelligence. In this view the mind appears to be a play of neurons in the brain, no such thing as soul exists and the purpose of man's life is illusory.

The second view is that all life is a double movement of involution and evolution of consciousness or Nivritti and Pravritti according to ancient Indian philosophy. In this view mind and life evolve out of Matter (e.g., plants, animals, man on Earth) because they are intrinsically present but latent in principle within Matter. All evolution is seen as a movement of consciousness breaking itself out from obscurity to express itself in various forms. The universe is said to consist of several planes of consciousness which are nearly variations of the same essential substance.

If we entertain the second view then

matter suggests itself as a coagulation or condensation of consciousness. Matter, according to Sri Aurobindo is the “result of a certain power and action of consciousness which presents forms of itself to sense perception and it is this quality of sense - perceived ness, so to speak, that gives them the appearance of matter i.e. of a certain kind of substantiality inherent in themselves- but in fact they are not self-existent substantial objects, but forms of consciousness. The point is that there is no such thing as the self-existent matter posited by 19th century science.”

According to Swami Lakshmanjoo, all of the elements are a reflection of the five energies of Lord Shiva. Everything comes out of the five energies (For five energies, see our previous papers 9-11). Further, in each of these energies, all of the five energies exist, however only one energy is predominant. Twenty-five tattvas from Prithvi to Purusha including matter are the result of the play of these five energies.

Conclusion

In this paper, we have examined the nature of matter and energy from the perspective of modern science and oriental philosophies, particularly Kashmir Shaivism. In modern science, the principles of quantum mechanics seem to be closer to the oriental philosophies, including its description in mystical language. For example, in a research paper, Shri Venkatesh Balasubramanian illustrates the remarkable similarity between the philosophical underpinnings between Kashmir Shaivism and Modern Physics. However a number of scientists are adamant to stick to the materialistic theory of evolution of the universe without any place of consciousness in it.

On the other hand, some scientists mentioned above accept the role of consciousness into the evolution of this universe and in a phenomenal world. A number of scientists have started discussions on consciousness on scientific platforms and some are trying to solve this hard problem of consciousness, as it is called, by scientific

methods. For example, according to Neppe and Close, the separation of reality into distinctions of matter, energy, space, time, and consciousness are perceptual and conceptual constructions created by the limitations of the physical senses and conceptual choices. The matter, energy, space, time and consciousness of the 3S - 1t (Three-dimensional space with time) world are all ephemeral distinctions drawn within the infinitely continuous essence of reality. The separation of these distinctions, however even though ultimately illusory, is quite real in the 3S - 1t world in which we operate.

As far as the Kashmir Shaivism is concerned it places emphasis on the monistic philosophy and advocates that everything is derived from consciousness or Shiva. Rather, it says that everything is Shiva. There exists nothing that is not Shiva. Scientists are also trying hard to evolve a theory of everything according to which everything in this phenomenal world could be explained by one principle only⁵. It is hoped that science and spirituality will in future reconcile and shake hands for a mutually agreeable theory which includes both the science and the spirituality.

Acknowledgements:

The author is immensely grateful to his Gurudev Gurumayi Swami Chidvilasananda and her Gurus Swami Muktananda and Bhagavan Nityananda of Ganeshpuri, India and Swami Muktananda Ashram, N.Y., USA, for their blessings and constant inner inspiration. The author is highly grateful to Ishwar Ashram Trust of Swami Lakshmanjoo for giving an opportunity to participate in workshops / sadhana shibirs/online sessions organized by the Trust along with other organizations where fruitful discussions were made with Acharya (Dr) Nihar Purohit, Prof. M.L. Kokiloo and Prof.(Dr.) Ramakanta Angiras, etc. as Faculty and other participants to understand fine intricacies of Kashmir Shaivism. The author pays heartfelt thanks to all of them. Typing of the manuscript done by the daughter of the author Ms. Deepti Verma at Bangalore is highly appreciated.



-Dr. Tej N Dhar



POWDERING THE NOSE OF DEATH

Recently, while reading an absorbing novel, I came across a male character who said to his friend that he did not want to powder the nose of death. To me, that sounded quite strange. It also set me thinking, because, as a college-going student, I had learnt that women generally said they needed to powder their nose

and missed out on powdering its nose.

I went up to my friend, made him sit on the sofa and told him that I was perfectly all right and that I had come across this attractive-looking phrase in a novel and did not know exactly what the person meant by wanting to powder the nose of death. Did he mean to say that he was not

I guessed he had found the answer, and he was about to tell me what I badly wanted to know. But I was in for a shock, for he told me that I was reading the wrong kind of books and getting myself into trouble.

only to walk away from any meeting or conversation or any unpleasant situation. The words could obviously be associated only with women, because they are the ones that powder their faces. I also know that in our time, the phrase sounds somewhat old-fashioned, even with regard to women. Then why did this man use such words at all?

Since I could not figure out what the person meant to convey by using this expression, I resorted to the old practice of seeking help from my friend, who also happens to be my neighbour. I walked into his home, right into his room, where he was reclining on the sofa, and told him why he was trying to powder the nose of death. The moment I finished speaking these words, he jumped from the sofa, and asked me if everything was okay with me. I think he got stuck on the word death,

afraid of death or that death was not so unpleasant and dreadful as some people had tried to paint it all the time? Or did he mean anything else, which I could not even guess?

My friend looked thoughtful, and I could see deepening of the soft lines on his brow. Was he trying to get at what the character in the novel really wanted to say? Or did he feel worried on my account? When he did not respond to what I had told him, I asked him once again, if he had really heard me correctly. Then I told him point blank, what if I would have spoken these words to him. What would he have understood about me or my opinion about death?

I must say that my friend looked somewhat puzzled, or was I imagining too much! Did he really know the meaning of what the character in my novel really meant? Was he even trying to help me? I could not say for certain. Before I

could say anything else to him, I could see a visible change in him. He looked relaxed. I guessed he had found the answer, and he was about to tell me what I badly wanted to know. But I was in for a shock, for he told me that I was reading the wrong kind of books and getting myself into trouble.

I could not make out why he needed to comment on my reading. I had asked a simple question to which I thought there must be a proper answer. But he was trying to complicate matters by telling me things that had no connection with my query. Then I got a flash: oh! He is trying to dodge me. Because he did not know what the character meant, he was deflecting my attention and driving me into unwanted territory. So, I had to tell him that he was simply trying to hide his ignorance. If he really knew the answer, he would have given it by now. So, I threw a challenge to him: “Admit that you do not know; then, we can go to somebody else.”

He looked into my eyes and told me that one could not make out the meaning of such expressions unless one knew the context in

which they had been spoken. I could see that he was passing on the buck to me. What he actually meant was that I needed to go back to my home, look up the novel, and search for the page where these words were spoken by the character.

Seeing that I looked a little deflated, he told me that I could at least give him the name of the book and all the details related to it. For that, there was no need to go to my home. So, I closed my eyes to recollect the name of the novel and the character. I tried hard, but could not remember anything, neither about the book nor the character. Surprisingly, I remembered only the words: powdering the nose of death.

When I told my friend that I did not remember anything about the book or the character, he was quick to say that I had only imagined the words, and they had stuck with me because they looked attractive. But I am sure that I did not imagine them; they were there on a printed page. If anyone who reads this has any clue about what these words mean, please do write to me. I shall be grateful.

ELECTION RESULT

This is for the information of all the General Body Members of the Jammu & Kashmir Migrant Employees & Pensioners Welfare Association, New Delhi, that the following applicants are declared elected un-opposed as the Executive Members for the Term 2022 - 24.

NAME & DATE OF BIRTH	MEMBERSHIP & MOB NO.	PARENTAGE & CONTACT E-MAIL	ADDRESS LOCATION
Dr. Ashok Kumar Raina	110 9810435994	Late Sh. Jia Lal Raina doctorraina50@yahoo.com	305- Gokul Apartments, Sector 45, Faridabad, Haryana
Dr. Umesh Kr Moza	114 9810178649	Late Sh. Dina Nath Moza mozaumesh@hotmail.com	19/328, Satyam Block, Vasundra, Ghaziabad U.P.
Dr. Kuldeep Dhar	111 9810119606	Late Sh. K. N. Dhar drkuldeepdhar@gmail.com	C- 111, Sector 39, Noida, U.P.
Dr. Suman Jogi	112 9810426224	Late Dr. S. K. Tikoo jogi.suman@yahoo.com	D 1 /C, 53 – C, Janakpuri, New Delhi 110058
Dr. Rajinder Kr Jalali	270 8800789444	Late Sh. Lambodhar Koul Jalali dr.rajinderjalali@gmail.com	C-262, Florence Marvel, Sushant Lok, Phase III, Sector 57, GGN
Sh. Ramesh Kak	117 9810564074	Sh. P. N. Kak kakramesh@gmail.com	Flat No 202, Defence Personal, CGHS, Sector 45, Faridabad
Sh. Bhushan Lal Bhat	121 7683061069	Sh. Avtar Krishen Bhat bhatbushanlal@gmail.com	157 B, RM II, Sector 2, Rajender Nagar, Sahibabad, Ghaziabad
Sh. Hira Lal Kher	119 9818853502	Late Sh. S. N. Kher kherhl@yahoo.com	A 684, Ansals Palam Vihar, Gurugram
Sh. Ramesh Kumar Bhat	102 9911156677	Late Sh. Triloki Nath Bhat mrrkbhat@gmail.com	H. No J-153, Phase 1, New Palam Vihar, Gurugram
Sh. Ashok Kumar Chogat	187 9818089033	Late Sh. Dwarika Nath Chogat chogat_ashok@yahoo.com	106 – B Una Enclave, Mayur Vihar, Phase 1, Delhi 91
Sh. Ramesh Kitchloo	118 9990657000	Late Sh. Jewan Nath Kitchloo rameshkitchloo@gmail.com	30 C, Pocket B, Mayur Vihar Phase 2, Delhi 110091



STRATEGY 80%, SKILL 20% IS THE WAY FOR SUSTAINABLE BUSINESS GROWTH

Strategy and strategic management are cool words. People like to use them very often. It leaves a good impression with your audience when you talk about 'strategy' but business strategy is probably the most misused word in strategic management. And I have the impression that as more people talk about business strategies in a conversation, the less they know about the subject.

Most people who use it, don't really know what strategy is all about or don't understand the important underlying business strategy principles. So, what is a Strategy?

"Strategy is the direction and scope of an organization over the long-term: which achieves advantage for the organization through its configuration of resources within a challenging environment, to meet the needs of markets and to fulfil stakeholder expectations".

In other words, strategy is about:

- ✓ Where is the business trying to get to in the long-term (direction)?
- ✓ Which markets should a business compete in and what kind of activities are involved in such markets? (Markets; scope)
- ✓ How can the business perform better than the competition in those markets? (advantage)?
- ✓ What resources (skills, assets, finance, relationships, technical competence, facilities) are required in order to be able to compete? (resources)?
- ✓ What external, environmental factors affect the businesses' ability to compete? (environment)?
- ✓ What are the values and expectations of those who have power in and around the business? (stakeholders)

"You might know how to read... but more



importantly, what do you plan to read” is what strategy is all about. Strategy is also about how do you differentiate your brand, products, services and customer relationship from your nearest competitors. It is all about differentiation in everything you do in business.

A brilliant and different strategy follows by tactics and tactics is all about the framework or design of your executing that strategy. Tactics is then followed by implementation and implementation is all about seamless execution of your framework or planned activities.

Strategy Vs Skills

Skills can be hired or outsourced in a business but to know about the right skill set you need and you should have a clear strategy in your mind. Business is not about having the largest market share or about growing fast. It's about making money and building commercial platform to create wealth for every stakeholder.

'I want to grow my business' is not a great business strategy. This is same as saying, 'I want to be rich'. These things (unfortunately) don't happen by themselves. Growing is not a strategy, it's a consequence. Acquiring right skillset is the second most important step after building right strategy.

I have always believed that an entrepreneur or any business owner should focus on his/her top skill sets and delegate what he/she doesn't know or not good at. Understanding your personal skill gaps and developing your skills can be a great strategy and delegating your weaknesses is another great strategy to get things done by the experts in your team. If an entrepreneur is good at marketing with great communication skills, he/she should lead that function until something valuable is drawn from the existing market or target customer segments to achieve success. An entrepreneur should hire best talent in other areas of operations so that he/she is free from daily routine activities to focus on his/her company's vision.

There is a strategy behind everything you

tend to do as an entrepreneur to become successful in your actions.

Leadership development is another strategy, an entrepreneur should focus on so that he prepares a great team of leaders to drive processes/departments. Once a leadership team in the second line is developed, most of the strategies will work in the interest of business.

Finally, strategic focus is more important than skill focus as skills can be hired but strategies can't be outsourced as it is an integral part of DNA of business and business owner and it is unique for the original idea based on which business is ideated and built.

I am leaving you with following two most powerful quotes by illustrious leaders in their fields:

“Perception is strong and sight weak. In strategy it is important to see distant things as if they were close and to take a distanced view of close things”

—Miyamoto Musashi, legendary Japanese swordsman

“The reason most people never reach their goals is that they don't define them, or ever seriously consider them as believable or achievable. Winners can tell you where they are going, what they plan to do along the way, and who will be sharing the adventure with them”

—Denis Watley

(Vinod is an entrepreneur by passion. He is an internationally acclaimed Management Consultant, Certified Intelligent Leadership Coach by ICF (USA), Certified NBI Coach by Creativity Foundation of South Africa, Certified National Level ZED Master Trainer by QCI, GoI.

Vinod is India's leading Business Transformation Coach. He is a transformational leader and motivational keynote speaker impacting hundreds of lives through his organized, original and out-of-box thoughts.

He can be reached on vinod.pandita@pmcact.com for any coaching or mentoring engagement.)



Retrospective Obituary AFTAB RAM KAUL (190X - 196X)



-Rishank Kaul

Aftab Ram Kaul was born in the first decade of the 20th century in Kashmir. He was the son of a rope trader in Maisooma Bazaar called Hari Ram Kaul. The whole family was called *razgers* where *raz* translates to rope. Not much is known about his early life, except that he eventually became a retailer of handicrafts in Maharajganj which was a prominent wholesale market in downtown Srinagar. He married a fine lady called Durgavati and built a small house in Habbakadal for five hundred rupees; they bore four children: two daughters and two sons.

Sometime in the 1930s, a spate of tragedies struck Aftab ram ji brutally. Durgavati ji and the two daughters died within a month of each other due to a disease, and the youngest son died within a year of them. He was left with a single son, the second youngest, Jia Lal, who was aged around five at the time.

Soon after the spate of tragedies young Jia Lal also got severely injured in a two storey fall from a balcony. A weary Aftab Ram Ji grew very superstitious about the survival of his only son. As was the practice in those times, a *gyotishi* was consulted. The *gyotishi*, after making some general enquiries, undertook a survey of the house and asked for the ground beneath the kitchen earthen stove to be dug up. On digging up this area, a few mysterious papers and articles were found which were deemed to be some sort of black

magic. A ritual was conducted to counter its effect, and fortunately Jia Lalji survived into adulthood without any mishap.

Two decades passed peacefully, however in around 1950, another tragedy was to befall Aftab Ram Ji, by now affectionately known as Lalaji, although this time, it was financial; his shop was completely gutted in a big fire. Unfazed, he pitched a tent in the rubble the very next day and refused to budge when the land owner persuaded him to. Eventually, he was persuaded to vacate the place upon receiving a sum of seventy-five rupees as *pagdi* (*pagdi* was paid by a new tenant to the outgoing one). At that time, it was a significant sum. While walking home with the money, Lalaji thought of all the extended family and friends who would drop in to offer their condolences. Instead of saving the money for the rainy days ahead, he purchased a large stock of fish and mutton to be prepared in the festive style and served to the condoling visitors. The somewhat awkward guests were treated to a feast while Lalaji spared little grief for the huge financial loss.

Jia Lalji grew up to become a garments retailer at the Habbakadal market. He married Nancy Dhar and had three children. Addressed by his family as Papa ji, Jia Lalji was a principled idealist, an RSS worker, and a staunch teetotaler. Lalaji on the other hand, grew up to become a fairly chilled out retiree who kept himself amused. He wore a traditional pandit turban, got himself shaved at

the local barber instead of at home, and enjoyed alcohol occasionally.

Later, when Lalaji became old, Jia Lalji was advised by a doctor to provide him a spoon of rum on every winter night as medicine. Jia Lalji would purchase the rum overcoming great revulsion; he would wrap it in a newspaper, keep it in the family cupboard, and only check on it intermittently to monitor the levels, so as to confirm Lalaji was not having more than a spoon a day. Lalaji however saw no sense in consuming one spoon a day. Every evening, he would ask his eldest grandson Ravi what was cooking for dinner. If the meal was vegetarian, he would stay sober. However, on the occasions when meat or fish was being prepared, he would ask Ravi to bring the rum. He would then consume a large peg of rum neat to compensate for sober days. Ravi would protest, "You aren't supposed to have the rum like that! Papaji says you must have one spoon a day."

"What does he know about it" Lalaji would retort disdainfully.

There is another peculiarity from Lalaji's life that deserves telling. Kashmir is prone to earthquakes that give the valley a little shake

every now and then. Well, old Lalaji enjoyed a nice earthquake; while everyone evacuated, he would lie down on his bed dangling his feet over the edge and enjoy the swing. He had probably seen enough to know they were just minor shakes, or perhaps he just didn't care. Hard to say. Anyway, on one occasion, Nancy ji was in Lalaji's room for some work when a shake started. "Aah, it's coming!" Lalaji exclaimed with delight, starting to lie down. Nancy ji shrieked in horror and caught hold of Lalaji's feet reflexively, seeking protection. "Please let go of my feet dear, I want to enjoy the swing!" said Lalaji tenderly, oblivious to her fears.

Lalaji often said that he carried a heart of stone, a permanent lump in the throat, and eyes drier than wood, on account of the early tragedies. But with time he learnt to enjoy the small things in life and probably realized that financial anxieties or even small earthquakes were much easier to endure than the loss of a family member before their time. He died peacefully in the seventh decade of his life, leaving behind funny, heartwarming stories of his eccentricities.

Calendar of Month

Sankranti	15 th June 2022
Sankat Nivaran Chaturthi	16 th June 2022
Ashtami (Krishna Paksha)	21 st June 2022
Ekadashi (Krishna Paksha)	24 th June 2022
Amavasya	29 th June 2022
Bhagwan Gopinath Mahotsava	03 rd July 2022
Haar Saptami	06 th July 2022
Haar Ashtami	07 th July 2022
Aashad Navami (Sharika Jayanti)	08 th July 2022
Ekadashi (Shukla Paksha)	10 th July 2022
Bhagwan Gopinath Jayanti	11 th July 2022
Guru Poornima	13 th July 2022

Note

Panchak starts on 18th June ends on 23rd June 2022

Aashaad (Krishna Paksha) from 15 June 2022 to 29 June 2022
Aashaad (Shukla Paksha) from 30 June 2022 to 13 July 2022



Report on Mahamaheshwara Acharya Abhinavagupta Jayanti

To pay Tributes and Celebrate Jayanti of Great Master Mahameshwaracharya Abhinavagupta and acknowledge His contribution to Indian Philosophy, Aesthetics, Music, Art, Tantra and Human Consciousness, a week –long online sessions (5th June to 13 June 2022) were organized by Ishwar Ashram Trust, Delhi been partnered with following universities in coordination with Kashmir Shaiva Institute:



01. Sanatan Dharm College, Ambala and other seven colleges of Haryana.
02. Amity University, Gurgaon
03. Mukalranyam University, Kashi
04. JNU
05. Guru Nanak Dev University
06. Central Sanskrit University Jammu
07. Patiala University
08. Panjab University
09. Jai Narayan Vyas University, Jodhpur
10. Central University, HP
11. Tirupati University
12. Kurukshetra University
13. Kavi Kulguru University Nagpur
14. Shri Somnath Sanskrit University, Veravalam
15. State University New York conducted physical session at campus
16. Vedanta Society New York
17. Rashtra Vadi Lekh Sangh
18. Jain University Bangalore conducted physical session
19. Shri Shankarlal Sundarbai Shasun Jain

- college, Spanda Abhinava Holistic Initiative
20. Swami Ram Ashram, Jammu
21. Ishwar Ashram, Srinagar & Jammu
22. Kashmiri Pandit Sabha, Chandigarh

Other than the events organised by Universities, a week-long lecture series was organized by Ishwar Ashram Trust from Sunday 5th June to 12 June with following Scholars: Mr. Lalit Parimoo, Mr. Sthaneshwar Timalsina, Swami Brahmananda, Mr. Moti Gupta, Dr. Advaitvadani Kaul, Mr. Giriratan Mishra. These sessions were hosted and coordinated by Mrs. Bharti kaul, Mrs. Jyoti Razdan, Mrs Parul Razdan, Mr Ashish Zadoo, Mr. Rakesh Koul, Mr. Sandeep Raj Koul, Mr. Vishal Sharma, Mr Sanjay Raina. The online sessions were coordinated by Mr Sunil Raina Rajanaka and technical support was given by Mr Akhil Koul.

A Grand celebration at The Indira Gandhi National Centre for the Arts (IGNCA) on June 11th 2022 was also organized in collaboration with Kashmir Shaiva Institute, Ishwar Ashram Trust, KSS Faridabad and KMWA Noida.

The programme started with the Deep Lighting and the Manglacharan rendition and Bhairavastotra recitation sung by Ms. Sumanya. The welcome speech was given by Head of Kalakosha division of IGNCA Smt. Sushma Jatoo. Prof Sudhir Sopory (Ex VC, JNU), Prof Rajneesh Mishra from JNU, Sh. Moti Lal Pandit renowned scholar of Kashmir Shaivism were the honorable speakers of the event. Mr. Sanjay Kaul, Director Kakini Foundation felicitated the dignitary speakers with special mementos and Aang-Vastram

First Abhinavagupta Samman of the year was given to Dr. Mark Dyczkowski, one of the known scholars on Tantra and Kashmiri Shaivism, as he is presently abroad, Mr. Ratan Lal Bindra received the Memento on behalf of Dr. Mark. Mr. Sunil Raina Rajanaka hosted the event.

Other attractions of the event: The musical tribute to Mahameshwaracharya Abhinavagupta was presented by Sh. Prabhat Mukherjee by rendering Raag Yaman on **Santoor**. A Painting of Acharya Abhinavagupta

made by Mrs. Parul Razdan, was released on the occasion. A short video on Birth of Mahameshwaracharya Abhinavagupta was also shown which was made by Mr. Piyal Bhattacharya. A website made on Temples of Kashmir was launched on the day.

Dr. Anusheel Munshi gave the presentation on various Ashram activities and thanked the participants and IGNCA.

Annual Mahayagya on 1st June 2022

The Annual Mahayagya of Jagat Guru Bhagavaan Gopinathji was performed on 1st June 2022 by the Jagat Guru Bhagavaan Gopinathji Charitable Cultural and Research Foundation.

The function started on 31st May at 6 pm with Kalash Pooja, Vedic Mantras and other holy rituals. It continued through the night and concluded with Puran Aahuti on 1st June at 1:30 pm. People, both Kashmiri and non-Kashmiri, attended the function in large numbers. The Mahayagya was performed in yagya-shala of the Sidh-Peeth Ashram.

B.L. Bhan (Secretary)

Global Kashmiri Pandit Business Foundation Hosts Business Networking Event

Global Kashmiri Pandit Business Foundation (GKPBF) hosted its first Face to Face Networking event for Business Professionals, Entrepreneurs & Investors on 29th April 2022 at YMCA Hostel, New Delhi.

All directors & advisors from around the world & India Vidya Dhar (Canada), Ash Raina (Australia), Ravinder Kachroo, Vinod K. Pandita, Daleep Bakshi & Upender Bhat were present, the event was felicitated by Maj. Gen. (Retd.) G.D Bakshi as Chief Guest & Ms. Subhi Khan (Supreme Court Lawyer).



The networking was an opportunity to meet, pitch & network with startups, entrepreneurs, business experts & investors across India. The salient features were to be part of foundation as general member, advisor/mentor, investor, networking sessions & collaborate to grow business.

The attendance was more than expectation (more than 50 attendees) being the first physical one & also due to personal invitations to respected members.

The session started sharp at 6 pm with registration of all detailing contact details, place of residence & profession followed by introductory cup of tea. The session started with welcoming of Guests, invitees & introduction of GKPBF by the Founder Mr. D K Bakshi followed by brief journey of foundation by CEO Ravinder Kachroo & directors Vidhya Dhar, Ashutosh Raina, Vinod K. Pandita. Directors provided a bird's eye view of the happenings & the roadmap going forward in assisting the KP community in building businesses & investment opportunities.

Chief Guest Maj Gen (Retd) GD Bakshi as usual had a motivating brief for KP's to get up & move away from job seekers to Job providers & how various opportunities can be explored in JKUT based on his personal experience when posted in the region. Ms. Subhi Khan provided a glimpse of various general initiatives Govt of India is taking for JKUT & in particular for KP's in opening up industries there.

Each Invitees presented himself starting with brief introduction, area of business & expectation from GKPBF which lasted for 1.5 hours followed by vote of thanks by directors. High tea for invitees & guests was organized to interact & understand with each other & directors. It became a great opportunity for young entrepreneurs to express their challenges & also for potential investors to look for investment proposals. Overall, the three-hour interaction process was highly appreciated by one & all & provided a way forward for the GKPBF as well.

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Tel: 29259954

kpmumbai@yahoo.co.in

<http://www.kpmumbai.org>

15th May 2022

Kashmiri Pandits Association, Mumbai is shocked and grieved at the brutal killing of yet another young Kashmiri Pandit Sh. Rahul Bhat by the terrorists in the Union Territory of Jammu & Kashmir.

We strongly condemn the dastardly killing of this noble soul in Srinagar. We feel outraged at these inhumane and barbaric killings of our community members which are happening frequently.

We are also deeply concerned about the security and safety of our community currently living in the Union Territory. Pandits have become easy targets and need extra security. We urge the Government of the union territory and the central govt to take all possible measures to ensure the safety and security of such citizens.

We also convey our heartfelt condolences to the family and friends of Sh. Rahul Bhat. Our thoughts and prayers are with them. We stand with them in this moment of grief.

Krishen K Kemmu

President

Kashmiri Sahayak Sabha, Chandigarh Elects its New Executive Body



On 22nd May 2022 in the AGM of the KSS, Chandigarh, following Team was elected unopposed for the next two years.

Mr. Romaish Pandita	President
Mrs Phoola Mirza Raina	Vice President
Mr. Vijay Vaishnavi	Vice President
Mr. Anil Dhar	Gen Secretary
Mr. Narinder Langoo	Financial Secretary
Mr. Sanjeev Raina	Joint Secretary
Mrs. Anita Mantoo	Social Secretary



Dilshad Garden Welfare Association, Delhi Elects Office Bearers

The Kashmiri Pandit Welfare Association, Dilshad Garden, Delhi held its annual general body meeting on 12th March, 2022 for election of Office Bearers for the term 2022-24.

After having brief discussions, it was decided to conduct the voting amongst general

body members, who had gathered on the occasion. It was decided by the executives headed by its President Shri Ramesh Zadoo shall continue for another term 2022-24.

The new structure of the Executive Council of Kashmiri Pandit Welfare Association is as follows:

Sh. Ashok Jalla	Chairman
Sh. Ramesh Zadoo	President
Smt. Veena Kaul	Vice President
Sh. Anil Tickoo	Vice President
Sh. K K Dhar	General Secretary

Sh. Virender Razdan	Treasurer
Sh. Rajinder Dutta	Joint Treasurer
Sh. Dileep Tangnoo	Secretary
Sh. Rakesh Jotshi	Secretary

PNBMT Protest Targeted Killings in Valley



Pt. Prem Nath Bhat Memorial Trust (PNBMT) recently held a demonstration at Press Club Jammu to protest the target killings by the terrorists in the Valley. The demonstrators expressed full solidarity with the employees employed under the Prime minister's package for employees in the division of Kashmir. The employees have been on dharna for a month since the killing of Rahul Bhat. The activists expressed their anguish on target killings in Kashmir and created an atmosphere of fear and uncertainty amongst the Hindu minorities serving in the Valley.

The chairman of the Trust emphasized

that employees of the Hindu community and other nationalist people face a grave threat to their lives because of the targeted killings. In the last over one fortnight, there have been killings of Rahul Bhat, Rajni Bala, Vijay Kumar a migrant labourer, serving people in Kashmir. The Chairman of the Trust expressed concern about radicalization and Pak-sponsored proxy war by the terrorists.

President of the Sanstha Sh. M K Jalali was in attendance along with Sanastha's General Secretary C M Kashkari and other office bearers to greet all the attendees on the auspicious occasion.

Seminar on Scientific Connotations of Bhagwad Geeta Organised by Nancy Foundation

A one-day seminar was organised on the theme "Scientific Connotations of Shrimad Bhagwat Gita" by Nancy Foundation at Muthi Camp Community Hall, Jammu. It was divided into two sessions. First session was devoted to the Gita recitation by children in the age group below 20 years of age. The second session was based on the paper

presentation by scholars on the comprehensive aspects of the Bhagwad Gita. The prime motive of the event was to sensitise the young Kashmiri Pandit children and the society at large about the universal message of the Gita that is relevant in all ages and times. Kashmiri Pandit children from various parts of the Jammu region participated in the event.



Muskan Razdan, Laksh and Bhowmika Raina secured first, second and third position

respectively in Gita recitation.

In the second session four papers were presented by Dr. Mahesh Kaul, S/Shri Satish Dhar from Delhi, Sanjay Raina and Sharan Dhar. Prof. Manoj Mishra, Director Rashtriya Sanskrit Sansthan, Kot Bhalwal, Jammu was the Chief Guest on the Occasion.

Prominent people who were present on the occasion included. Swami Kumar Ji, Dr. Sushil Wattal, KK Khosa, Sanjay Dhar, Vijay Bhat, Yogender Kaul, IPS Former IGP, Ravi Kaul, Ravinder Jalali, MK Bhat.

SRMA, Nagdandi Cancels Bhandara Program

SRMA Nagdandi Ashram Achabal, Anantnag cancelled the Bhandara programme at Mata Kheer Bhawani Tulmulla on the occasion of the Zyeshta Ashtami festival for visiting yatris from June 5 to June 10. Sh BL Bhat, Chairman, Administrative Committee, SRMA

Nagdandi Kashmir, reported in a communique. The Kheer Bhawani Asthapan Manzgam Kulgam Committee president, Kuldeep Raina, too cancelled the annual Hawan at the holy shrine on the occasion of Jesht Ashtami due to the prevailing situation in the Valley.

Sharika Peeth Sanastha Celebrates Zyeshta Ashtami

Sharika Peeth Sanstha, Subash Nagar Jammu celebrated Zyeshta Ashtami with the enthusiasm of devotion. A large number of devotees participated in Samohic Puja and

Pushp Archana. The Sharika Peeth Sanastha had decided to keep the festivity a low-key affair due to the recent killings by the terrorists in the valley.

Krishna Saproo, on a Mission to Bring a Tsunami of Transformation to Society

Krishna Saproo from Jammu and Kashmir got selected as Ashoka Young Changemaker 2022. It's for the first time in the history of Jammu and Kashmir that someone got selected for this prestigious award. Ashoka Young Changemakers is a global network of powerful young people who are creating an Everyone-a-Changemaker world.

Krishna Saproo – a Class 12 student from Jammu and Kashmir has launched Maunitva Nirakarn – A Mental Health Awareness Initiative, which helps youngsters suffering from mental health issues by giving them a safe space to express themselves. To address Mental Health concerns, Krishna has started a podcast with students of reputed schools across India. The podcast is based on social awareness. Apart from this, he has started a



project named Vartalaap along with slum area kids under which they teach them about Mental Health and spread awareness about personal hygiene. They help them to provide basic education. They have also organized a Webinar series with people all across India.



KP MINORITIES WANT RELOCATION FROM KASHMIR



The PM Package employees are being selectively Targeted and Killed on daily basis and administration seems unmoved. Administration just condemns the Killers till new Killing takes Place.

Due to this attitude, High resentment is brewing among PM Package employees who were already subjected to Pen terrorism from system since 2010 onwards.

First all the employees were scattered in remote locations/ Transit Camps. They have been made scapegoats and are used as cannon fodder by various Political parties. Now

Terrorists are freely issuing threat letters and also implementing their warnings by killing us in our offices. Just few days back on 12th May, our honest brother Rahul Bhatt was martyred in broad day light in his office chambers and pumped bullets. Instead of paying tribute and sitting with us in solidarity, the administration fired peaceful protestors at Sheikhpora Budgam with Tear gas shells & Lathis. We are being Killed, tortured for being "Nationalists". The administration is not allowing us to collectively mourn the death of our brother and we are being caged inside our colonies.

We have only few demands which are as below:

1. Relocate all KP employees anywhere outside valley immediately as they have lost entire hope & confidence in administration as it has failed to protect the lives of members of minority community.
2. Link our return to Kashmir with the resettlement of the entire community of Kashmiri Pandits in Kashmir.
3. Employees should be temporarily attached with Relief organisation.
4. Full benefits of SRO - 43 should be implemented, repeal of SO 194 and draconian Bond.

The PM package employees are carrying the burden of community's history marred by seven enforced exoduses, when we landed here in 2010, We had been promised family accommodation and other perks but the PM package employees have seen it all, when they went to their homes, the images of their half-burnt homes made them nostalgic and images of their childhood memories began to flash

through their memory. Right now, the PM Package employees' families are in shambles, their parents are languishing in camps like Jagti, Purkhoo, rentals in Jammu, their old parents have got diseased. Their ancestral homes are in ruins.

Shri Jagmohan in his book "My Frozen turbulence in Kashmir" had described KPs as "Frightened Pigeons and forsaken community".

He held that current phase of Kashmiri Pandits misfortune is the most calamitous. The grim tragedy is compounded by the equally grim irony that one of the most intelligent, subtle, versatile and proud community of this country is virtually reduced to extinction in free India.

The Pak sponsored Terrorists are targeting us in offices, schools and killing us point blank. The Govt always overlooks such brutal and barbaric incidents.

Now is the high time that GOI should understand the pain of PM package employees and make an honest effort to solve their sufferings and meet their delegation soon.





BHAJAN SANTOOR FALLS SILENT

Pandit Bhajan Sopori is synonym with Santoor. Music and musical instruments in Kashmir have traditionally been accompaniments to the folk songs as mood enhancers. For centuries, santoor has been an influential and predominant instrument in Sufi music. If late Pandit Shiv Kumar Sharma is responsible for taking Santoor to the national and international platforms getting it recognition as a classical instrument, Pandit Bhajan Sopori took it to further heights and established its position in the list of Indian classical musical instruments. Bhajan Sopori, not only propagated classical music, but was the architect of modernising the Kashmiri music by bringing in innovative themes and composing many popular Kashmiri songs to lilting tunes. Considered as the cultural link between Jammu and Kashmir and rest of India, he also ran a music academy called *SaMaPa* (Sopori Academy for Music and Performing Arts), which is actively involved in promoting Indian classical music. He is the first musician who rendered the spiritual tune to the famous Bhairav Stotra of Acharya Abhinavgupt.

Born in a family where music ran through generations, Bhajan Sopori took fancy to music at an early age and gave his first public performance when he was just five years. He learned western classical music from Washington University & Hindustani from his grandfather S.C. Sopori and father Shambhoo Nath Sopori. He has taught music at Washington University, US. He was



associated with Radio Kashmir for a long time. Pandit Bhajan Sopori was awarded the Sangeet Natak Akademi Award in 1992 and the Padma Shri in 2004. In 2009 he was honoured with the Baba Allaudin Khan Award. He was also awarded the M N Mathur award in 2011 for his contribution to Indian classical music and Jammu and Kashmir State lifetime achievement award. Above all, he was a wonderful human being.

Life has its own philosophy and is subordinate to none. Thus, it decided to leave the physical garb of Pandit Bhajan Sopori on 2nd June, 2022, freezing the strings of his Santoor.

AIKS pays tributes to this great maestro of music and prays to Lord Shiva to bestow Moksha to his Aatma!

Government Order Regarding Domicile Certificate

Government of Jammu and Kashmir,
Department of Disaster Management, Relief, Rehabilitation & Reconstruction
Civil Secretariat, Jammu

Subject: **Registration of bonafide Migrants or displaced persons for the purpose of issuance of Domicile Certificate-regarding.**

Government Order No: **30** -JK(DMRRR) of 2022
D a t e d : **10** -06-2022

It is hereby ordered that the validity of Government Order No. 52-JK(DMRRR) of 2020 dated 16.05.2020 extended vide Government Order No: 44-JK(DMRRR) of 2021 dated 22.06.2021 is hereby further extended for a period of one year i.e till 15.05.2023.


By order of the Government of Jammu and Kashmir.

Sd/-
(Nazim Zai Khan)KAS
Secretary to the Government

No: DMRRR-MR/49/2021
Copy to the:-

Dated: **10**.06.2022

1. Principal Secretary to the Lieutenant Governor.
2. Joint Secretary (J&K), Ministry of Home Affairs, Government of India, New Delhi.
3. Principal Secretary to the Government, General Administration Department.
4. Director, Information and Public Relation, J&K.
5. Relief and Rehabilitation Commissioner (M) Jammu with the directions to open 02 more centres at Chennai and Kolkata this year in addition to existing centres.
6. Deputy Commissioner, Relief Organization (Migrants), J&K, Srinagar.
7. Pvt. Secretary to Secretary to the Government, D/o DMRRR.
8. Incharge Website, GAD.
9. Government order file/stock file.


(Anjali Gandotra)KAS
Under Secretary to the Government

» A career in Economy and Economics

“Economics is everywhere, and understanding economics can help you make better decisions and lead a happier life.”

– Tyler Cowen

The talking point is economy and economics, and it means science that studies economics and develops possible models for their functioning. In other words, economics is the science and art of decision making, regarding the use of scarce resources, under the conditions of scarcity to attain maximum satisfaction.

The economy is the structure or conditions of economic life in a country. Explaining further, efficient use of material resources and conservation in expenditures is the meaning of economy. Economics is the study of scarcity and its implications for the use of resources, production of goods and services, growth in output and welfare over time, and a great variety of other complex issues of vital concern to society. Every day we talk about the economy of different nations. Use terms like inflation, recession, unemployed, money, investment, capital, Government spending, welfare economics, efficient economy and cost and profit. Economics plays a role in our everyday life. Studying economics enables us to understand past, future, and current models and apply them to societies, governments, businesses, and individuals. The modern world economy consists of all the economic activities related to one another through an extensive division of labour. The three main types of economic systems are command, market, and mixed.

The economy and economics are related to production, technological innovation, consumption, income distribution, external trade, social and political changes, patterns, and types of economic growth. So, a study of

economics is an important program to enhance the development of a Nation. Every student opting for a professional degree has to study economics as one of the subjects during their course study. The career options in economics start from the 12th onwards. Upon completing economics courses after the 12th, an individual can choose a career such as an economist, auditor, financial risk analyst, financial Planner, economic researcher, cost Accountant, etc. They are attaining more qualifications at Graduate levels like B.A. (Hons)/B.A. in Economics, B.Sc in Economics, Bachelor of Business Studies (BBA), B.A. in Business Economics and B.A. in Liberal Arts.

Candidates must obtain at least aggregate marks of 50 per cent or 60 per cent, as that is the minimum requirement of almost all the colleges. The student must have an undergraduate degree from a college or a university recognised by the UGC. For a few Institutions, Mathematics is one of the compulsory subjects in grade 12th. Admissions are via entrance tests and on a merit basis in the qualifying examination. Many universities across the country offer undergraduate programs in economics through various entrance exams. Many universities across the country offer undergraduate programs in economics through several entrance examinations. CUET (Common Universities Entrance Test), NPAT (Narsee Monjee Institute of Management), SET (Symbiosis International University), CET (Christ University Entrance Test), Xavier's Entrance Test (St. Xavier's Mumbai), IPU-CET, (Guru Gobind Singh Indraprastha University) are a few competitive tests. IPMAT (Aptitude test conducted by IIM Indore and Rohtak for admission to its five-year course, IPM (Integrated Programme in Management). IPM is a dual degree program

(Bachelors + Masters) offered by IIM for candidates passing the 12th standard) and IIM Jammu (Joint Integrated Programme in Management Admission Test (JIPMAT) to be conducted by National Testing Agency (NTA).

For Higher studies, after B.A. or B.Sc.(Economics), an aspirant can follow a Master of Business Economics, Master of Arts in Quantitative Economics, Master of Business Administration (MBA), Bachelor of Education (B.Ed.), Bachelor of Law (LLB), Masters in Data Science, Master of Arts in Mass Communication, Master of Arts in Human Resource Management. The other relevant post-graduate degrees are M.A. Economics or MSc Economics. Business Administration (MBA), Finance, Management, International Relations, Political Science or Public Policy, etc.

After B.A. or B.Sc. (Economics), the career options are Finance & Budget Analyst, Banker, Market Analyst, Economist, Business writer or Journalist, Invest Administrator and Analyst, Sales Executive, Human Resources and Operation Manager. With a P.G. degree in Economics, the employment opportunities are in Research and Consultancy, Entrepreneurship, Economist, Credit Analyst, Statistician, and Financial Analyst. If the B.A. Economics candidates are interested in pursuing their studies in Business Management; they should follow MBA in International Business, Business Analytics, Business Economics, Business Information systems, Business Sustainability and E-Business. After completing MBA courses, some popular job profiles are Project Manager, Business Development Executive/ Manager, Product Manager, Marketing Manager, Analytics Manager, System Manager, Data Processing Manager, and Business Analyst.

An economics MBA is an asset for business skills, making them eligible for various positions.

ATMA for Management Admissions

Association of Indian Management Schools (AIMS) Test for Management Admissions

(ATMA) is one of the six national tests recognized by AICTE and MHRD, Government of India. AIMS, the Association of Indian Management Schools, which has a membership of 516 top postgraduate management schools, administers the ATMA (AIMS Test for Management Admissions) for selection to MBA, PGDM, and GDBA, MCA. For the list of participating institutions, test centres, and online registration, visit the website www.atmaaims.com.

The next online test schedule is 24th July 2022.

The schedules for each test will be announced on the website, a few days after the previous test.

AIMS does not recommend any particular preparatory course or training for ATMA, though these may be effective in varying degrees. Reviewing the Sample Tests/Mock Tests given on the website is likely to help the candidates.

The Payment is accepted from the candidates as per the dates of Payment/Registration is announced on the website. The Registration Fee for ATMA is Rs.1600/- (Rupees One Thousand Six Hundred only) inclusive of GST @ 18% and can pay using Credit or Debit Card only.

After successful registration for the test, the candidate should take one printout of the filled-in Application (Registration Form).

The Test contains 180 Questions spread over six sections. Each section in the Online Test need not be attempted in the serial order. The total time of the Test is 3 hours. The questions cover Analytical Reasoning, Quantitative, and Verbal skills.

Joint Entrance Examination (Main) – 2022 Session 2

National Testing Agency is inviting online Application Forms for Joint Entrance Examination (Main) – 2022 Session 2. The schedule for the same is given below:

Exam/Session	Dates of Examination	Submission of Online Application Forms	Last Date for Payment of Application Fee Online
JEE (Main) – 2022 Session 2	21, 22, 23, 24, 25, 26, 27, 28, 29, and 30 July 2022	01 June to 30 June 2022 (up to 09:00 P.M.)	30 June 2022 (up to 11:50 P.M.)

The candidates who have applied and successfully paid the Examination Fee for JEE (Main) – 2022 Session 1 and want to appear for JEE (Main) – 2022 Session 2, are required to log in with their previous Application Number and Password as provided in Session 1. They may only choose the Paper, Medium of the Examination, and cities for Session 2 and pay the Examination Fees.

Those candidates who have not applied earlier, need to apply afresh as per the schedule given. For details, candidates are advised to visit the official websites of NTA (www.nta.ac.in) and (<https://jeemain.nta.nic.in/>) for the latest updates.

JEE Advanced Syllabus revised for 2023

Indian Institute of Technology (IIT) Kharagpur has released the revised syllabus for JEE Advanced for the 2023 entrance exam. The revised syllabus is available for download on the official website: jeeadv.ac.in. According to the notification issued by the officials, the JEE Advanced 2023 will be conducted as per the new syllabus.

JEE Advanced is a national-level

entrance exam conducted for admission to the Indian Institute of Technology. Only the top 2.5 lakh candidates who qualify for JEE Main can sit for the advanced examination and apply for IIT admissions.

The official notice reads, “The Revised syllabus to be followed from JEE (Advanced) 2023 is Online.

JEE Advanced will cover three subjects- Physics, Chemistry, and Mathematics. Some of the newly added topics are Physics: General, Mechanics, Thermal Physics, Electricity and Magnetism, Electromagnetic Waves, Optics, Modern Physics

Chemistry: General Topics, States of Matter: Gases and Liquids, Atomic Structure, Chemical Bonding, and Molecular Structure, Chemical Thermodynamics, Chemical and Ionic Equilibrium, Electrochemistry, Classification of Elements and Periodicity in Properties

Mathematics: Sets, Relations, and Functions, Algebra, Probability and Statistics, Analytical Geometry, Differential Calculus, Integral Calculus, Probability and Statistics, Vectors, Algebra.

Panjab University - Tentative Schedule of Entrance Tests

Entrance Test	Eligibility (Minimum Qualification)	Last Date for Applying	Date of Entrance Test	Website	Centre for the Entrance Test
CET UG	10+2	18 June 2022	03 July 2022	https://cetug.puchd.ac.in	Chandigarh, Ludhiana, Hoshiarpur, Muktsar
PU THAT	10+2	16 June 2022	29 June 2022	https://puthat.puchd.ac.in	Chandigarh
UG LAW	10+2	01 July 2022	17 July 2022	https://uglaw.puchd.ac.in	Chandigarh
PG LAW	Graduation	08 July 2022	24 July 2022	https://pglaw.puchd.ac.in	Chandigarh
CET PG	Graduation	06 July 2022	30 July 2022	https://cetpg.puchd.ac.in	Chandigarh, Ludhiana, Hoshiarpur, Muktsar

Panjab University Chandigarh

Admission Hotel & Travel Management

Bachelor of Hotel Management and Catering Technology (BHMCT) Bachelor of Tourism and Travel Management (BTTM)

Date of Test:

❖ 29-06-2022(Wednesday)

Last Date for the Submission of information on the website to generate the Login & Password:

❖ 16-06-2022 (Thursday)

The admission to both the above courses will be on the basis of the Merit of Panjab University Tourism and Hospitality Aptitude Test (PUTHAT) to be conducted by Panjab University.

Wards of Kashmiri Displaced Persons; Wards of Kashmiri Migrants and Kashmiri Pandits/Kashmiri Hindu Families (Non-Migrants) living in Kashmiri Valley.

Website: <http://puthat.puchd.ac.in>

Himachal Pradesh University

Institute of Legal Studies

B.A.LL.B. (Hons.) Five Years Integrated Course Last date for submission of Online Application Form

❖ 30-06-2022 (up to 5:00 p.m.)

Last date for correction/Updating of online application form

❖ 07-07-2022

Date of Interview/Counselling

❖ 20-07-2022

Venue for Interview University Institute of Legal Studies, Ava- Lodge Campus, Chaura Maidan, Shimla- 171004 (H.P.) Merit List to be displayed on

❖ 26-07-2022

*Candidates shall appear personally before the Admission Committee along with Original

Certificates of Matric and Plus-Two.

Two seats shall be reserved for J&K Migrants Admission to the course shall be made strictly on academic merit, based on the marks obtained in the 10+2 or an equivalent examination

Panjab University, Chandigarh

Admission to B.A./B.Com.LL.B.

(HONS.) 5 Years Integrated Course

At the Campus

❖ University Institute of Legal Studies, Panjab University, Chandigarh.

❖ University Institute of Laws, Panjab University Regional Centre Civil Lines, Ludhiana.

❖ University Institute of Legal Studies, Swami Sarvanand Giri, PU Regional Centre, Bajwara, Hoshiarpur

Availability of Prospectus and Entrance Test Form and details of the process of the admission is on the website <http://uglaw.puchd.ac.in>

Last date for submission of information for generating Login and Password

❖ 01-07-2022 (Friday)

Last date for deposit of fee through Online Mode

❖ 04-07-2022 (Monday)

Last date for uploading of photograph, signature with rest of the information on the website for final submission of Entrance Test Form

❖ 06-07-2022 (Wednesday)

Entrance Test

❖ 17-07-2022 (Sunday) From 10:00 A.M. TO 11:30 A.M.

Website: <http://uglaw.puchd.ac.in>

Feedback: vijaykashkari@gmail.com

**Everything comes to us
that belongs to us if we create
the capacity to receive it.**

— Rabindranath Tagore





AIKS Matrimonial Service



Seeking alliance for my only son. DOB: 19.08.1987 at Srinagar, Time: 7.45 PM, Ht. 176 cms. Education: Btech Computer Science & MBA from Tata Institute of Social Sciences. Working at Bangalore as Director in Razorpay. Highly placed and handsomely paid. Interested may contact at WhatsApp no.8803004092.



Looking for a suitable match for our son born at 12.59 AM on 4th October, 1997 at New Delhi, height 5.11ft. He is MBA from a Govt. University, working in Gurgaon in a multinational company. Family residing at Noida (Ext.). Father working in the Ministry of Finance and mother superannuated from the Ministry of Health & Family Welfare, Govt. of India. Interested may contact on 9540818777 / 9540819777 for Tekni, Kalawali etc. (both numbers are also available on whatsapp).



Looking for a suitable match for our son, born on January 02, 1991 at 06:30 PM at Jammu. Height: 5'11", B.E (C.S.E) Computer Science from VTU University. Presently working as Team Leader inside Sales in (M.N.C) USA Company at Bangalore with handsome package (seven figures). Interested persons may contact on: WhatsApp No. 7006171324, 9055272134, 8717090262, 8717090264, Email-Id: hldhar1958@gmail.com



Looking for a suitable educated Kashmiri Pandit Karkoon girl of age group 32 to 34 Yrs for a handsome Kashmiri Pandit Karkoon boy of 34 Yrs age• BMS (Mumbai University) serving as Manager eastern region, in a reputed learning solution company Mumbai with an annual salary above 8 lakhs Per Annum Contact nos WhatsApp /phone 7006144793, 9419195317, 9419878796



Looking for a suitable girl for my son. Please find below the details: Date of Birth: 02/09/1991, Place of Birth: Jammu, Time of Birth: 10: 16 am, Qualification: B.Tech(Mechanical), Employment Details: Presently Working in Luminous India(Himachal Pradesh), (Previously working in Uno Minda). Valley address : Handwara and Present address is Durga Nagar, Bantalab Jammu, Height : 5ft 9inch, Contact/WhatsApp number : 9469554886



A Non-Karkun family but no bar within Hindu Kashmiri Community cherishes traditional values but has Modern Outlook, seeking academic & professionally qualified match, for our daughter. Jaipur (Rajasthan)/ 04:28 pm /25-01-1993/ B.Tech (ECE) throughout Distt. / 164cms-5'5")/ Job-MNC Bangalore. kbrazdan53@gmail.com, 9982129955



Looking for a suitable match for our Son born on July 29, 1988, at 4:57 PM. Place of Birth: Srinagar, Height: 5feet 10 inches. He is MBA from Kurukshetra University, working in Delhi and earning 7 figures annual salary. He is a Low amngalik. The family originally belongs to Budgam and presently resides at Butta Nagar, Jammu. Interested may contact at Email: rahulbhatn88@gmail.com & Mobile no: 9650836408, 8803769763.



Suitable alliance sought for our daughter, born 1993, Ht. 155 Cm; BE Electronics & Communications and PGD in liberal arts from the Ashoka University. Presently working for a NOT-FOR-PROFIT organization, specializing in Public Policy Implementation & Behavioral Sciences. Currently based in Rishikesh. Interested may contact with Tekni/Kulawali through Email: maharajk1951@gmail.com / WhatsApp no. 70061 03276.



Seeking alliance for our only daughter Born 5/5/1993 at Faridabad Time: 9.27 pm Ht. 5' 2" MBBS 2018. Working with one year Internship presently at Multispeciality Metro Hospital, Faridabad. Interested may contact on Mobile +91 81918 95075 or at Email: neenac2@gmail.com alongwith Tekni and kulawali.



Seeking alliance for my daughter DOB: 10.08.1990 at Vadodara, Time: 12:21PM, Ht. 165 Cms. Education: Masters in HR Management (MHRM). Working as Sr. HR Officer in a Major PSU in Mumbai. Interested may contact on Mb: 9586878362 or at Email: jyotsna201610@gmail.com



Looking suitable match for our son born on 29 Nov.1982 time,12.57 a.m, height 177.8cm graduate in bio technology working as business development executive in cilisys pune based soft ware company, at Noida. Interested may contact on 9414125738, 9116656996

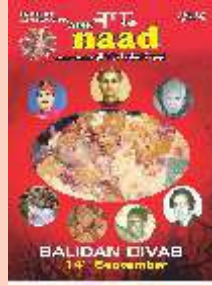


Seeking suitable alliance for my son born on 23.11.1988 at Srinagar. Height 180 cm, pursuing MD (Anesthesia and Critical Care) from a reputed govt college. Residing at Gurgaon. Interested may contact at Email - aditya114@gmail.com, and WhatsApp no - 7827591418.



AIKS naad

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1. All Cheques/DDs favouring All India Kashmiri Samaj to be sent at 244, Sec-3, R.K. Puram-110022, New Delhi.
2. Subscriptions can also be remitted directly online to the following
A/C Punjab National Bank : A/c No. 0151000100442202
A/c Name : All India Kashmiri Samaj IFSC Code : PUNB0015100 MICR Code : 110024094

Note : After making the payment through Internet the subscriber must send intimation to AIKS on Email-Id: hqaiks@gmail.com or Mob No. 8447677911 through WhatsApp/SMS/Sending snapshot of the payment receipt.

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OF ALL INDIA KASHMIRI SAMAJ AND SUBSCRIBE TO NAAD MONTHLY JOURNAL

Application Form for Patron Member
All India Kashmiri Samaj (REGD.)

244, Sector 3, R.K. Puram, New Delhi - 110022,
Telephone : 011-26107431
Web : www.aiks.org E-mail : hqaiks@gmail.com

Application No. :

Date :

The President
All India Kashmir Samaj
244, Sector-3, R.K. Puram
New Delhi - 110022

Dear Sir,

I hereby apply for Patron membership of the All India Kashmiri Samaj.

My Particulars are as under :

Name (In full) :

Date of Birth : **Father's/Husband's Name :**

Address :

.....

.....

..... **Pin :**

Tel : (Res.) : **Office :**

Mobile : **Email :**

I have studied the AIKS Constitution and agree to abide by the policies and programmes of the AIKS.

With best wishes
Yours Sincerely

Signature

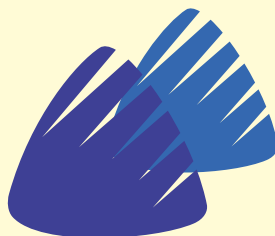
A Cheque of Rs 10,000/- (Rs. Ten Thousand) only favouring All India Kashmiri Samaj is enclosed here with.

Cheque No. : **Drawn on (Bank) :**

Amount : **Date :**

AIKS Receipt No. :

✦ With best compliments from ✦



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AIKS Executive Meet on May 28, 2022



AIKS with Civil Society of Gurugram



Civil Society of Gurugram Hosted AIKS President, Dr. Ramesh Raina along with his Core Team Over a Lunch on Meeting at Club Florence on June 5, 2022

AIKS in Protest Meet at Jantar Mantar





Taste the good life.

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